



Chefe de Cozinha

Miça
o sabor conta!

01	Cover (Bread, Butter, Olive, Carrot Algarve style & Paté home made)	2,00€
02	Butter	0,50€
03	Bread	0,75€
04	Olives	0,50€
10	Carrot <i>Algarve style</i>	0,75€
79	Traditional Sardine (desboned)	1,00€
07	Cheese	2,00€
101	Garlic Bread	2,50€

Tapas

06	TAPAS (Cheese, Fresh Cheese, Smoked Ham & little toasts)	4,00€
12	TAPAS Serrana (traditional Cheese, Rolled Ham, Smoked Ham, & little toasts)	7,50€
09	TAPAS Gourmet (Cheese, Fresh Cheese, Smoked Ham, Smoked Salmon, traditional Sardine deboned, Olive, Carrots algarve style & little toasts)	8,95€

Appetizers

17	Vegetable Soup	2.00€
14	Shellfish Cream with Prawns	3,95€
34	Calamarys	4,00€
41	Melon w/ Smoked Ham	5,95€
31	Fried Prawns w/ Garlic <i>á FRsabores style</i>	12,95€
32	Clams "Bolhão Pato style	13,95€

Vegetarian Food, Salads & Spaghetti

23	Spaghetti Napolitana	5,00€
13	Spaghetti w/ Vegetables sauté & tomato sauce	6,95€
16	2 Hamburgers Vegetarian w/ Chips & Salad	7,95€
37	Gratinated Vol-au-vent w/ vegetables <i>á Frsabores style</i>	8,95€
58	Vegetables Cury w/ rice (mild or spicy)	9.50€

19	Fresh Salad (Tomato, Fresh cheese, Lettuce, Cucumber, Onion & Olives)	4,95€
22	Tuna Salad (Lettuce, Tomato, Indian pepper, Onion, Tuna, Potatoes, Egg & Olives)	6,95€
24	Chicken Salad (Lettuce, Tomato, Indian pepper, Onion, Chicken, Potatoes, Egg & Olives)	6,95€
25	Light Chicken Salad (Lettuce, Tomato, Indian pepper, Onion, chicken, Fresh Cheese, Apple, Olives & Sweet Corn)	7,95€

36	Spaghetti á Bolognese	8,95€
33	Spaghetti with Salmon á Carbonara	9,95€

Omelettes

42	Cheese Omelette w/ Chips & Salad	7,95€
43	Ham Omelette w/ Chips & Salad	7,95€
46	Cheese & Ham Omelette w/ Chips & Salad	8,95€
45	Mushrooms Omelette w/ Chips & Salad	9,95€
47	Prawns Omelette w/ Chips & Salad	9,95€



DIETA MEDITERRANICA

from ALGARVE

Fish

74	Grilled Sardines w/ Potatoes & Traditional Algarve Salad	8,95€
71	Tuna-steak Algarve style w/ Potatoes & Vegetables	8,95€
54	Grill Salmon Kebab with Prawns w/ Chips & Salad	14,95€
63	 Grilled Salmon w/ Potatoes & Vegetables	12,95€
65	Grilled Golden Bream w/ Potatoes & Vegetables	12,95€
66	Grilled Sea Bass w/ Potatoes & Vegetables	12,95€
72	Cod-Fish roasted w/ Potatoes & Vegetables	14,95€
52	Monkfish Filet with Prawns & Special Prawns sauce w/ Rice & Vegetables	16,95€
60	Grilled Squids "á Lagareiro" style w/ Potatoes & Salad	19,95€
62	Fish Cataplana with Clams & Prawns 1 persons	21,95€
61	Fish Cataplana with Clams & Prawns 2 persons	41,95€

Meat

80	2 Hamburgers w/ Chips & Salad	8,95€
90	Grilled Chicken with or without piri-piri w/ Chips & Traditional Algarve Salad	8,95€
82	Grilled Pork Filet w/ Chips & Salad	8,95€
84	Beefsteak with Egg á FRsabores style w/ Chips & Salad	8,95€
83	Chicken Scallops w/ Mushrooms w/ Chips & Salad	9,50€
81	Grilled Lamb Chops with Mint sauce chef Luísa style w/ Chips & Salad	14,95€
88	Beefsteak Portuguese Style Traditional dish w/ Fried Potatoes & Salad	14,95€
86	Grilled Beefsteak w/ Chips & Salad	12,95€
85	Grilled Tournedos w/ Chips & Salad	18,95€
186	Mushroom Sauce	2,00€
195	Pepper Sauce	2,00€

in all dishes are included the garnish

Kid's Menu

105 -	English sausage with Chips +	5,95€
102 -	Hambúrger with Chips +	5,95€
191 -	Hamburger BREAD +	1.00€
107 -	Chicken Nuggets with chips +	5,95€
103 -	Fish Fingers with Chips +	5,95€
103 -	Spaghetti á Bolognese +	6,95€
108 -	PIZZA Ham & Cheese +	6,95€

include:

Ice-cream

or

Jelly

V.A.T. 23% included!

Has a

complaint Book

Enjoy your meal!

SNACKS

Sandwichs

130	Cheese Baguette (Lettuce, Tomato & Cheese)	2,00€
131	Ham Baguette (Lettuce, Tomato & Ham)	2,00€
132	Mixed Baguette (Lettuce, Tomato, Cheese & Ham)	2,50€
134	Tuna Baguette (Lettuce, Tomato & Tuna w/ mayonnaise)	3,50€
135	Chicken Baguette (Lettuce, Tomato & Chicken w/ mayonnaise)	3,50€

Hamburgers

147	Hamburger Vegetarian in Bread (Lettuce, Tomato, Onion & Hamburger Vegetarian)	3,50€
140	Hamburger in Bread (Lettuce, Tomato, Onion & Hamburger)	3,50€
157	Cheeseburger in Bread (Lettuce, Tomato, Onion & Hamburger,..)	4,00€
142	Hamburger in Bread with Bacon (Lettuce, Tomato, Onion & Hamburger,...)	4,00€
143	Special Hamburger in Bread (Lettuce, Tomato, Onion, Fried Egg, House Sauce & Hamburger)	4,50€
148	Double Hamburger American Style in Bread (Lettuce, Tomato, Onion, Fried Egg, House Sauce & 2 Hamburgers)	6,00€

Toasts

150	Toast	2,00€
151	Cheese Toast	2,50€
146	Cheese Toast with Onion	3,00€
152	Ham Toast	2,50€
153	Mixed Toast	3,00€
173	Tuna Toast	3,50€
174	Chicken Toast	3,50€
154	Special Mixed Toast "FR" Style 2p (Cheese,, Ham, Tomato, Onion & House Sauce)	6,95€
155	Special Chicken Toast "FR" Style 2p (Chicken, Tomato, Onion & House Sauce)	7,95€
166	Special Tuna Toast "FR" Style 2p (Tuna, Tomato, Onion & House Sauce)	7,95€
183	Chips	2,00€

V.A.T. 23% included!
Book

Has a complaint