



WE ARE

Open

11:30 AM - 3:30 PM
7:00 PM - 10:00 PM

SALT STUDIO

MENU

MAKE YOUR

Reservation


+351-249 534 281
ateliedosol.pt



ENTRIES

1,90 €	Breadbasket Homemade Bread 3 units
0,70 €	Butter
0,90 €	Tuna Pate
1,50 €	Black Olives Black olives infused with fragrant olive oil.
3,90 €	National Fries
2,50 €	Vegetable Broth Potatoes, carrots, green beans, onions, garlic, and peas.
6,90 €	Crispy Pork Rinds Low-temperature smoked pork belly featuring a crispy skin, accompanied by a sweet and sour sauce.
4,90 €	Onion rings Onion rings accompanied by yogurt sauce
4,95 €	Crispy fried chicken Chicken wings accompanied by barbecue sauce.

RISOTTO

15,90€	Shrimp Risotto  shrimp, tomato sauce, cheese, butter, and chives
13,90€	Parmesan Risotto  Risotto rice, Parmigiano-Reggiano cheese, and butter
15,90€	Smoked Rib Risotto  Smoked ribs, cheese, and butter
14,90€	Truffle Mushroom Risotto  Mushrooms, onions, cheese, leeks, and black truffle oil

MAIN COURSE

49,90 €	Mixed tabua - four guests Pork chop, Rump steak, sausage, and chicken breast, accompanied by white rice and French fries.
59,90 €	Beef Board - four guests Shoulder steak, Rump steak, Maminha. Accompanied by white rice and French fries.
19,90 €	Ribeye Steak - 1 pax Exceedingly tender and succulent ribeye steak
19,90 €	New York Strip - 1 pax Tender cut with a layer of fat
19,90 €	Rump steak - 1 pax Tender cut with a layer of fat
17,90 €	Beef rump - 1 pax Tender, juicy cut with streaky fat
32,90 €	Smoked Ribs - 2 pax Ribs smoked for eight hours at a low temperature.
17,90 €	Shoulder steak - 1 pax Soft and juicy

Pork T-bone - 1 pax Cut with the T-bone, one side featuring tenderloin and the other also tenderloin.	16,90 €
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Pork Ribs - 1 pax Chop with a mildly spicy seasoning.	15,90 €
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Tuscan Sausage - 1 pax Grilled Tuscan Sausage	12,90 €
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Grilled Chicken Breast - 1 pax Succulent grilled chicken breast	15,90 €
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Smoked Rib Ragu - 1 pax Shredded short rib ragout accompanied by a peeled tomato sauce, served with Aligot and a citrus port wine reduction.	15,90 €
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File of Hake - 1 pax Grilled hake fillet accompanied by parsley sauce	14,90 €
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Confit Cod - 1 pax Confit cod loin with aromatic olive oil, truffled mashed potatoes and sautéed vegetables	15,90 €
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Please be advised that all grilled dishes are accompanied by two side dishes, with the exception of the Cod and Smoked Rib Ragu.

ACCOMPANIMENTS

White Rice 	2,90 €
French Fries 	3,90 €
Homemade bacon farofa cassava flour, bacon, and onion	3,50 €
Black Beans 	4,90 €
Sautéed Vegetables	3,90 €
Cooked Cassava 	4,90 €
Creamy Cassava cassava, cheese, and butter	5,90 €

Fried Eggs	1,00 €
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House Salad Lettuce, arugula, cherry tomatoes, and Parmesan cheese	5,90 €
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 Tropical Salad Lettuce, arugula, mango, grapes, kiwi, and orange.	6,90 €
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DESSERT

Ice cream Vanilla/Chocolate/Strawberry	2,90 €
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Cheesecake Crimson fruits/Salted caramel	5,90 €
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Milk Pudding Milk pudding with caramelized sugar.	5,90 €
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Flambéed Banana Banana flambéed in whiskey accompanied by orange caramel.	4,90 €
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Brownie with Vanilla Ice Cream Chocolate brownie with nuts and vanilla ice cream.	5,90 €
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Tiramisù Savoiardi Champagne biscuits, mascarpone cheese, espresso coffee	5,90 €
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All meals are prepared fresh, with an average preparation time of approximately 30 minutes.

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BEERS

2,00 €	Heineken draft beer 25cl
4,00 €	Heineken draft beer 50cl
1,90 €	Heineken 0.0% 25cl
1,80 €	Heineken 25cl
1,90 €	Sagres/Sagres Original 33cl
3,50 €	Franziskaner Weissbier 50cl
1,90 €	Super Bock 33cl

COCKTAILS

5,90 €	Mojito
5,50 €	Caipirinha
5,90 €	Gin and Tonic
5,50 €	Aperol
5,90 €	Gin Spaceblue
4,90 €	Cozumel

SPIRITED

4,90 €	C R e F Old Brandy (Shot)
4,90 €	Macieira Brandy (Shot)
1,90 €	Setúbal Moscatel (Shot)
4,90 €	Jack Daniel's Whiskey (Shot)



WATER, SOFT DRINKS, AND CIDER

Mineral Water 70cl	2,00 €
Sparkling Mineral Water 70cl	2,50 €
Águas das Pedras 25cl	2,90 €
Águas das Pedras Lemon 25cl	2,90 €
Águas das Pedras Tangerine 25cl	2,90 €
Red Bull Energy Drink 25cl	3,30 €
Coca-Cola/Coca-Cola Zero 33cl	2,00 €
Sprite/Fanta Orange 33cl	2,00 €
Guaraná Antarctica 33cl	2,00 €
Red Fruit Juice, Pineapple 20cl	2,00 €
Passion Fruit Juice, Orange 20cl	2,00 €
Bandida do Pomar (Cider) 33cl	1,90 €
Nestea Iced Tea Lemon/Peach 33cl	2,90 €
Schweppes Tonic Water 20cl	2,90 €

TEA

Chamomile/Linden/Red Fruit/Lemon Balm/Green	1,50 €
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COFFEE

Coffee/Decaffeinated Coffee	1,20 €
with additional milk	0,50 €
Coffee with extra whiskey	3,40 €



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ATELIÊ DO SAL RESTAURANT



WINE MENU

WHITE

16,90 €	Cadão Douro
25,90 €	Vallado Três Melros Douro
28,90 €	Crasto Superior Douro

GREEN

16,90 €	Arca Nova Quinta das Arcas
18,90 €	Arca Nova - Loureiro Quinta das Arcas
10,90 €	Arca Nova 37.5cl Quinta das Arcas
13,90 €	Muralhas Adega de Monção

RED AND WHITE/GLASS

4,90 €	Cadão Red and White/ Douro
6,90 €	Vallado Três Melros Red and White/ Douro
5,90 €	Adega Mayor Red/ Alentejo
5,90 €	Montado Red/ Alentejo

RED

Altitude by Duorum Douro	19,90 €
Cadão Douro	16,90 €
Crasto Superior Douro	28,90 €
Vallado Três Melros Douro	25,90 €
Castello D Alba Reserva Douro	22,90 €
Montado 37.5cl Alentejo	10,90 €
Adega Mayor Alentejo	19,90 €
Montado 75cl Alentejo	18,90 €
Torres " Sangre de Toro" Spain	19,90 €

MAGNUM

Crasto Superior 3L Douro	169,90 €
Cadão 1.5L Douro	44,90 €

PORT WINE AND LIQUEURS

Porto Tawny(shot)	2,10 €
white port(shot)	2,10 €
Beirao Liquor (shot)	1,90 €
Sour Cherry Liqueur (shot)	1,90 €
Amarula(shot)	3,50 €

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