

28.09 - 02.10.26	Monday	Tuesday	Wednesday	Thursday	Friday
METRO Menu	Roasted Chicken leg served with creamy bell pepper sauce and roast potatoes	Vegan Spaghetti "Bolognese style" made from fresh Gardengreens and served optional with Parmesan cheese	Chicken strips in fruity coconut cream with glazed carrots and basmati rice	Vegetable patty with pesto pasta and cherry tomatoes	 Food Saver
		 			
	kcal 845 5, 10, 14, 16, 19, 20.1, 25, 26, 28, 29, 34	kcal 619 2, 5, 10, 16, 18, 19, 20.1, 25, 28, 29, 34	kcal 700 18, 20.1, 26, 28, 29, 31, 34	kcal 720 5, 12, 19, 20.1, 22, 25, 26, 27, 28, 29, 34	
	€4,57/ 8,57	€4,57/ 8,57	€4,57/ 8,57	€4,57/ 8,57	
Campus Menu	Mediterranean tomato risotto with buffalo mozzarella cheese, served with a small side salad	Turkey steak "Café de Paris" served with potato vegetables gratin	Vegan gyros with coleslaw, served with baked potatoes and Ramson Dip	Baked Plaice served with Potatoe -Cucumber salat and accompanied by sauce tartare	 Food Saver
					
	kcal 520 18, 20, 20.1, 26, 28, 29	kcal 887 2, 6, 16, 18, 19, 20, 20.1, 22, 23, 25, 26, 28, 29, 34	kcal 694 5, 6, 10, 19, 20.1, 22, 25, 28, 29	kcal 789 5, 6, 10, 16, 18, 19, 20.1, 22, 23, 25, 26, 28, 29	
	€5,20 / 9,20	€5,60 / 9,60	€5,20 / 9,20	€5,60 / 9,60	
Mycuisine	"Frosty Pizza meets METRO Chef" Oven- fresh pizza baked with mozzarella and up to four toppings	Original Berlin Currywurst French fries and different degrees of spiciness	Tarte Flambee topped with Salmon, cherry tomatoes, baby spinach and Mozarella cheese	Baked pinsa topped with romaine lettuce, chicken strips, croutons, parmesan and Caesar Dressing	 Food Saver
	   			 	
	kcal 1050	kcal 900 5, 12, 13, 18, 19, 20.1, 26, 28, 29	kcal 780 2, 6, 14, 16, 19, 20.1, 23, 25, 26, 28, 29	kcal 720 Eiweiß 62g KH 125 Fett 38g 5, 12, 13, 18, 19, 20.1, 26, 28, 29	
	€6,90 / 10,90	€5,90 / 9,90	€6,50 / 10,50	€6,90 / 10,90	