

Poke N Roll

YOUR BOWL YOUR WAY
HAWAIIAN STYLE

RI ROCK

QUINOA (Quinoa)
TRIS SALATA (Mixed salad)
POHANE KVARNERSKE KOZICE
(Breaded Kvarner prawns)
PRŽENI BATAT (Fried sweet potato)
MANGO (Mango)
INDIJSKI ORAŠČIĆI (Cashew nuts)
SJEMENKE KONOPLJE (Hemp seeds)
POKE SOS (Poke sauce)
AURORA UMAK (Aurora sauce)

€10,90

MENU

ROCK QUEEN

RIŽA VENERE (Venere rice)
LOSOS (Salmon)
MRKVA (Carrot)
KRSTAVAC (Cucumber)
LJUBIČASTI KUPUS (Purple cabbage)
EDAMAME (Edamame)
DOMAĆI DRESSING OD AVOKADA
(Homemade avocado dressing)
NORI ALGA (Nori seaweed)
SEZAM (Sesame)

€10,90

DARK RIVER

RIŽA VENERE (Venere rice)
TUNA (Tuna)
AVOKADO (Avocado)
EDAMAME (Edamame)
KRSTAVAC (Cucumber)
CHERRY RAJČICA (Cherry tomatoes)
KUKURUZ (Corn)
SRIRACHA UMAK (Shiracha)
WAKAME ALGE (Wakame seaweed)
SEZAM (Sesame)

€10,90

THREE STRING

QUINOA (Quinoa)
FETA SIR (Feta cheese)
TRIS SALTA (Mixed salad)
MRKVA (Carrot)
KUKURUZ (Corn)
MANGO (Mango)
DOMAĆI TARTAR OD CIKLE
(Homemade beetroot tartar)
BADEM LISTIĆ (Almond leaves)
BUČINE SJEMENKE (Pumpkin seeds)

€9,90

ROCK OFF BOWL

JASMIN RIŽA (Jasmine rice)
GRILANA PILETINA (Grilled chicken)
EDAMAME (Edamame)
LJUBIČASTI KUPUS (Purple cabbage)
CHERRY RAJČICA (Cherry tomatoes)
MRKVA (Carrot)
TERIYAKI UMAK (Teriyaki sauce)
MAJONEZA (Carrot)
HRSKAVA KAPULA (Crispy onion)
KIKIRIKI (Peanuts)

€9,90

GUITAR HERO BOWL

JASMIN RIŽA (Jasmine rice)
DOMAĆI FALAFELI (Homemade falafels)
AVOKADO (Avocado)
KRSTAVAC (Cucumber)
MRKVA (Carrot)
LJUBIČASTI KUPUS (Purple cabbage)
NAR (Pomegranate)
SOYA SOS (Soy sauce)

€9,90

LEFT HANDED BOWL

JASMIN RIŽA (Jasmine rice)
TOFU (Tofu)
KUHANI BROKOLI (Cooked broccoli)
CRNI GRAH (Black beans)
AVOKADO (Avocado)
TRIS SALATA (Salad mix)
CHERRY RAJČICA (Cherry tomatoes)
DOMAĆI UMAK OD BATATA
(Homemade sweet potato sauce)
SEZAM (Sesame)

€9,90

PIVE / BEERS

Big Joseph Lager
Big Joseph Amber
Big Joseph Dark
Big Joseph Ipa

€4,00

PIĆE / DRINK

Monada
Raspberry Yuzu
Cherry
Strawberry Lime

€3,00

DESSERTS

SMOOTHIE BOWL
CHIA PUDING

€7,00

€5,00

IME / NAME

STVORITE SVOJ IDEALAN POKE BOWL

1. BAZA

(2 baze)

- ☐ JASMIN RIŽA
- ☐ VENERE RIŽA
- ☐ QUINOA
- ☐ TRIS SALATA

2. PROTEIN

Po izboru: 1 protein

Extra: 2€

- ☐ TUNA
- ☐ GRILL TUNA
- ☐ LOSOS
- ☐ GRILL LOSOS
- ☐ KOZICE POHANE
- ☐ TOFU
- ☐ FETA SIR
- ☐ FALAFEL
- ☐ PILETINA ŽAR
- ☐ POHANA PILETINA

3. POVRĆE I VOĆE

Po izboru: 3 sastojka

Extra: 0,50€

POVRĆE

- ☐ MRKVA
- ☐ LJUBIČASTI KUPUS
- ☐ SLANUTAK
- ☐ KRSTAVAC
- ☐ MARINIRANA KAPULA
- ☐ EDAMAME
- ☐ CRNI GRAH
- ☐ KUKURUZ
- ☐ CHERRY RAJČICA
- ☐ CIKLA
- ☐ BROKULA
- ☐ WAKAME ALGE

VOĆE

- ☐ AVOKADO
- ☐ MANGO
- ☐ MARINIRANI ĐUMBIR
- ☐ ANANAS

4. HRSKAVO

Po izboru: 2 sastojka

Extra: 0,40€

- ☐ HRSKAVA KAPULA
- ☐ KIKIRIKI
- ☐ PRŽENI BATAT
- ☐ LISTIĆI BADEMA
- ☐ ALGE NORI
- ☐ INDIJSKI ORAŠČIĆI
- ☐ NACHOS
- ☐ ORASI

5. SJEMENKE

Po izboru: 1 vrsta

Extra: 0,40€

- ☐ CHIA SJEMENKE
- ☐ SUNCOKRET SJEMENKE
- ☐ BUČINE SJEMENKE
- ☐ SJEMENKE KONOPLJE
- ☐ CRNO BIJELI SEZAM

6. UMAK

Po izboru: 1 umak

Extra: 0,40€

- ☐ SOYA SOS
- ☐ TARTAR CIKLA
- ☐ SENF MED
- ☐ TERIYAKI
- ☐ SALSA POKE
- ☐ MAJONEZA
- ☐ MAJONEZA PIKANTE
- ☐ UMAK BATAT
- ☐ UMAK AVOKADO
- ☐ ACETO BALSAMICO
- ☐ MASLINOVO ULJE
- ☐ SRIRACHA
- ☐ SOYA SOS BEZ GLUTENA
- ☐ UMAK OD CRVENE LEĆE I ĐUMBIRA

YOUR BOWL

YOUR WAY



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