

MENIU LA ROCO

CIORBE

- CIORBA DE BURTA 450G.....27RON
(BURTA, SMANTANA, OUA, GOGOSARI, PAINE)
ALERGENI: A, B/ 400KCAL
- CIORBA DE VACUTA 450G.....25 RON
(CARNE DE VITA, LEGUME, PAINE)
ALERGENI: I/ 300KCAL
- CIORBA ZILEI 450G.....23 RON
(SPECIALITATEA BUCATARULUI)

SALATE

- SALATA CAESAR 400G.....40 RON
(PIEPT DE PUI 100G, PARMEZAN 30G, ICEBERG
200G, DRESSING 40G)
ALERGENI: F/ 420 KCAL
- SALATA DE VARA 150G.....13 RON
(ROSII 40G, CASTRAVETI 40G, SALATA VERDE 40G,
CEAPA ROSIE 40G)
ALERGENI: NU CONTINE/ 90KCAL
- SALATA DE VARZA CU MARAR 150G.....12 RON
ALERGENI: NU CONTINE/ 90CKAL
- SALATA DE MURATURI 150G.....13 RON
(CASTRAVETI, GOGONELE, GOGOSARI)
ALERGENI: NU CONTINE/ 30KCAL

MENIU LA ROCO

PESTE

FILE DE DORADA CU LEGUME LA GRATAR 330G...53 RON
(FILE DE DORADA 180G, CIUPERCI 30G, VINETE
30G, ZUCCHINI 30G, ARDEI 30G, CEAPA ROSIE
30G)

ALERGENI: F/ 420KCAL

SARAMURA DE PASTRAV CU MAMALIGA 400G.....48 RON
(PASTRAV 200G, MAMALIGA 150G, ARDEI, ROSII,
USTUROI)

ALERGENI: F/ 350KCAL

FILE DE PASTRAV TAVALIT PRIN MALAI 350G.....43 RON
(PASTRAV 200G, MAMALIGA 150G, MUJDEI 50G)

ALERGENI: F/ 400KCAL

CREVETI IN UNT CU ROSII CHERRY 250G.....40 RON
(CREVETI 180G, ROSII 40G, UNT 30G, BUSUIOC)

ALERGENI: F/ 390KCAL

MENIU LA ROCO

PREPARATE DIN PUI

COCOSEL DE MUNTE CU CARTOFI 600G.... 70 RON
(COCOSEL 400G, CARTOFI AURII 150G, MUJDEI 50G)
ALERGENI: NU CONTINE/ 700KCAL

PUI CU HRIBI SI MAMALIGA 400G.....55 RON
(PIEPT DE PUI 200G, HRIBI 50G, MAMALIGA 100G,
SMANTANA DE GATIT 50G)
ALERGENI: A/ 500KCAL

BURGER DE PUI CRISPY 450G.....45 RON
PIEPT DE PUI 150G, CHIFLA, SOS 50G, ROSII 30G,
CASTRAVETI MURATI 30G, CEAPA ROSIE 30G,
SALATA 10G, CARTOFI PRAJITI 150G)
ALERGENI: B,C/ 700KCAL

PIEPT DE PUI LA GRATAR CU LEGUME 380G.....40 RON
PIEPT DE PUI 200G, CIUPERCI 30G, ZUCCHINI
30G, VINETE 30G, ARDEI 30G, CEAPA ROSIE 30G)
ALERGENI: NU CONTINE/ 400KCAL

PULPE DE PUI LA GRATAR CU CARTOFI
TARANESTI 350G.....40 RON
(PULPA DE PUI 200G, CARTOFI TARANESTI 150G)
ALERGENI: NU CONTINE/ 520KCAL

SNITEL DE PUI CU CARTOFI PRAJITI 350G...37 RON
PIEPT DE PUI 150G, CARTOFI PRAJITI 150G, OU,
FAINA, SOS ALIOLI 50G)
ALERGENI: B,C/ 520KCAL

MENIU LA ROCO

PREPARATE DIN PORC

PLATOU DE MUNTE 2/3 PERSOANE 1.3KG...200 RON
(COCOSEL 400G, COASTE 200G, CEAFA DE PORC 200G,
MICI 150G, CARTOFI TARANESTI 150G, MURATURI 100G,
MUJDEI 50G, MUSTAR 50G)
ALERGENI: J/ 2100KCAL

COASTE DE PORC CU CARTOFI AURII 500G 70..... RON
(COASTE 300G, CARTOFI AURII 150, SOSUL CASEI 50G)
ALERGENI: A/ 1100KCAL

CIOLAN CU FASOLE 700G.....70 RON
(CIOLAN 500G, IAHNIE DE FASOLE 200G, CEAPA, ARDEI,
SOS DE ROSII)
ALERGENI: NU CONTINE/ 1600KCAL

TOMAHAWK DE PORC LA GRATAR CU LEGUME LA
GRATAR 450G.....57 RON
(COTLET DE PORC 300G, CIUPERCI 30G, ZUCCHINI 30G,
VINETE 30G, ARDEI 30G, CEAPA ROSIE 30G)
ALERGENI: NU CONTINE/ 850 K CAL

TOMAHAWK DE PORC IN CRUSTA DE PANKO CU
CARTOFI PRAJITI 500G.....60 RON
(COTLET 300G, OU, FAINA, PANKO, CARTOFI PRAJITI
150G, SOS ALIOLI 50G)
ALERGENI: C,A/ 1300KCAL

CARNE LA GARNITA CU MAMALIGA 340G...48 RON
(COSTITA 70G , CARNAT AFUMAT 70G, SPATA DE PORC
70G, MAMALIGA 100G)
ALERGENI: NU CONTINE/ 800KCAL

CEAFA DE PORC CU CARTOFI PRAJITI 350G.....40 RON
(CEAFA 200G, CARTOFI PRAJITI 150G)
ALERGENI: NU CONTINE/ 1100KCAL

MENIU LA ROCO

PREPARATE DIN VITA

GULAS DE VITA 350G.....53 RON
(CARNE DE VITA 150G, CEAPA 30G, ARDEI 30G,
TELINA 30G, MORCOV 30G, PASTA DE ARDEI 20G,
CHIMEN 10G, CARTOFI 50G
ALERGENI: I/ 450KCAL

BURGER DE VITA CU CARTOFI PRAJITI 500G.....50 RON
(CARNE DE VITA 200G, CARTOFI PRAJITI 150G,
CHEDDAR 30G, CHIFLA 30G, SALATA 10G, ROSII
10G, CASTRAVETI MURATI 10G, CEAPA ROSIE 10G,
SOS 50G)
ALERGENI: A,B,C,H/ 1200KCAL

SMASH BURGER CU CARTOFI PRAJITI 490G.....48 RON
(CARNE DE VITA 160G, CARTOFI PRAJITI 150G,
CHIFLA 30G, CHEDDAR 30G, CEAPA
CAMELIZATA 50G ROSII 10G, CASTRAVETI
MURATI 10G, SOS 50G
ALERGENI: A,B,C,H/ 1100KCAL

MENIU DE MICI CU CARTOFI PRAJITI 400G..... 40 RON
(4 MICI 200G, CARTOFI PRAJITI 150G, MUSTAR 50G)
ALERGENI: J/ 1000KCAL

MENIU LA ROCO

PASTE

SPAGHETE CU CREVETI 350 G.....45 RON
(SPAGHETE 120G, CREVETI 100G, ROSII CHERRY
40G, SOS DE ROSII 70G, UNT 20G, BUSUIOC,
USTUROI, ARDEI IUTE)
ALERGENI: A,C,E/ 560KCAL

SPAGHETE CARBONARA 300G.....38 RON
(SPAGHETE 120G, GUANCIALE 80G, OUA 50G,
PARMEZAN 50G)
ALERGENI: A,B,C/ 540KCAL

SPAGHETE BOLOGNESE 320G.....38 RON
(SPAGHETE 120G, RAGU DE VITA 80G, SOS DE
ROSII 70G, PARMEZAN 50G)
ALERGENI: A,C/ 550KCAL

SPAGHETE CU SOS ROSU 250G.....30 RON
(SPAGHETE 120G, SOS ROSU 80G, PARMEZAN 50G)
ALERGENI: A,C/ 400KCAL

MENIU LA ROCO

GARNITURI

CARTOFI TARANESTI 200G.....20 RON
(CARTOFI 150G, BACON 30G, CEAPA 20G)
ALERGENI: NU CONTINE/ 350KCAL

PIURE DE CARTOFI 180G.....20 RON
(CARTOFI 150G, UNT 20G, LAPTE 10G)
ALERGENI: A/ 200KCAL

CARTOFI AURII 200G.....17 RON

CARTOFI PRAJITI 200G.....15 RON

MAMALIGA 150G.....12 RON

SOSURI

ALIOLI 50G.....5 RON
(SMANTANA, MAIONEZA, LAMAIE / ALERGENI:A,B)

SOSUL CASEI 50G.....5 RON
(MAIONEZA, KETCHUP, WORCESTER, TABASCO /
ALERGENI: A,B

MUJDEI DE USTUROI 50G.....3 RON

SMANTANA 50G.....3 RON

ARDEI IUTE.....2 RON

PAINE 150G.....5 RON

MENIU LA ROCO

DESERT

CHEESECAKE CU CIOCOLATA SI FRUCTE DE
PADURE 250G.....35 RON
(BISCUITI 80G, UNT 20G, CREMA DE BRANZA 50G,
FRISCA 20, NUTELLA 30G, FRUCTE DE PADURE
50G) ALERGENI: A,C/ 800KCAL

PAPANASI 350G.....30 RON
(BRANZA DE VACI 70G, OUA 30G, FAINA 50G,
AROME, SMANTANA 100G, DULCEATA DE FRUCTE
DE PADURE 100G) ALERGENI: A,B,C/ 510KCAL

LAVA CAKE 150G.....28 RON
(CIOCOLATA 50G, UNT, 20G, OUA 10G, FAINA 20G,
INGHETATA 50G) ALERGENI: A B,C/ 570KCAL

CLATITE CU NUTELLA 150G.....23 RON
(OUA 30G, LAPTE 50G, FAINA 20G, NUTELLA 50G,
AROME) ALERGENI: A,B,C/ 370KCAL

CLATITE CU DULCEATA 150G.....20 RON
(OUA 30G, LAPTE 50G, FAINA 20G, DULCEATA 50G,
AROME) ALERGENI: A,B,C/ 350KCAL

INGHETATA ASORTATA 150G.....18 RON
(INGHETATA DE CIOCOLATA, VANILIE SI FRUCTE
DE PADURE) ALERGENI: A,H/ 430KCAL

MENIU LA ROCO

LISTA ALERGENI

A-LACTATE

B-OUA

C-GLUTEN

D-SOIA

E-MOLUSTE SI CRUSTACEE

F-PESTE

G-ARAHIDE

H-NUCI SI SEMINŢE

I-TELINA

J-MUSTAR

K-LUPIN

L-SULFITI

M-SUSAN

NOTE: PREPARATELE POT CONTINE URME DE ALERGENI CHIAZ DACC NU SUNT INGREDIENTE PRINCIPALE.

DACA AVETI ALERGII SAU INTOLERANTE ALIMENTARE, VA RUGAM SA INFORMATI PERSONALUL

VA MULTUMIM