

VEGETARIAN/VEGETARIANO

82 - VEGETABLE STEW / ESTUFADO DE VEGETAIS	8,90€
83 - AVIYAL	8,90€
84 - KALAN	8,90€
85 - BRINJAL CURRY/CARIL DE BERINGELA	8,90€
86 - CHICKPEAS CURRY/CARIL DE GRÃO-DE-BICO	8,90€
87 - SAAG ALOO	8,90€
88 - MUTTER PANEER	9,90€
89 - PALAK PANEER	9,90€
90 - RED SPINACH DAL CURRY / CARIL DE LENTILHAS E ESPINAFRES VERMELHOS	8,90€
91 - TADKA DAL	8,90€

SALADS AND CHUTNEYS (SAUCES)

92 - MALABAR GREEN SALAD	2,40€
93 - ONION SALAD	1,00€
94 - MIX RAITHA	1,90€
95 - PLAIN YOGURT / IOGURTE NATURAL	1,20€
96 - TOMATO CHUTNEY / CHUTNEY DE TOMATE	1,90€
97 - MINT CHUTNEY / CHUTNEY DE HORTELÃ	1,90€
98 - CHILLY CHUTNEY / CHUTNEY DE MALAGUETA	1,90€
99 - COCONUT CHUTNEY / CHUTNEY DE COCO	1,90€

BIRIYANI

100 - MALABAR VEG BIRIYANI / BIRIYANI DE LEGUMES	11,90€
101 - MALABAR CHICKEN BIRIYANI / BIRIYANI DE FRANGO	11,90€
102 - MALABAR PRAWN BIRIYANI / BIRIYANI DE CAMARÃO	12,90€
103 - MALABAR MIX BIRIYANI / BIRIYANI MISTO	12,90€
104 - MALABAR LAMB BIRIYANI / BIRIYANI DE BORREGO	12,90€

RICE / ARROZ

105- PLAIN RICE / ARROZ BRANCO	2,40€
106- LEMON RICE / ARROZ DE LIMÃO	3,50€
107 - COCONUT RICE / ARROZ DE COCO	3,50€
108- JEERA RICE / ARROZ JEERA	3,50€
109- PULAO RICE / ARROZ PULAO	3,50€
110- TAMARIND RICE / ARROZ TAMARINDO	3,50€

DESSERTS / SOBREMESAS

118 - SEMIA PAYASAM	3,90€
119 - SWEET DOSA / DOSA DOCE	3,90€
120 - NUTELA DOSA / DOSA COM NUTELLA	3,90€
121 - GULAB JAMUN	3,40€
122 - BEBINCA	3,90€

BEBIDAS INDIANO

MANGO LASSI	2,50€
SAMBARAM (SPICED BUTTER MILK)	2,00€

SUMOS & REFRIGERANTES

SUMO NATURAL (LARANJA)	2,50€
ÁGUA MINERAL 0,50L	1,75€
ÁGUA MINERAL 1,50L	2,50€
ÁGUA COM GÁS (PEDRAS)	1,75€
ÁGUA TÔNICA	1,75€
REFRIGERANTES	1,75€

CERVEJA

CERVEJA DE GARRAFA 33CL	2,00€
CERVEJA INDIANO 33CL	2,75€
APPLE/BLACKBERRY CIDER 33CL	2,25€



PRATO DO DIA VEG@ € 8,00

PRATO DO DIA NÃO VEG@ € 9,00

(Inclui Salada, pão, caril, arroz, sobremesa, Água e café)
(Segunda a Sexta, exeto feriados)

Aberto todos os dias 12h00 às 15h00 e das 19h00 às 23h00

www.costadomalabar.com



Costa do Malabar

Sabor do sul da Índia

Take Away & Reservas:

+351 210932433 +351 967673230

Rua Rosa Damasceno 6A
(Perto de Alameda Metro
e Mercado de Arroios)

1900-396 Lisboa
www.costadomalabar.com

SPORT-TV

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SNACKS	
1 - BANANA CHIPS / RODELAS CROCANTES DE BANANA	1,90€
2 - MASALA PEANUT CHAT / AMENDOINS COM MASALA	2,50€
3 - FRIED MASALA PEANUT	3,00€
4 - PAPPADOM / PAPADUM	0,80€
5 - SPICY KERALA MIXTURE	2,50€

SOUPS / SOPAS

6 - RASAM	3,50€
7 - LENTIL SOUP / SOPA DE LENTILHAS	3,50€
8 - VEGETABLE SOUP / SOPA DE LEGUMES	3,50€
9 - CHICKEN SOUP/ SOPA DE GALINHA	3,50€
10 - PRAWN SOUP/ SOPA DE CAMARÃO	3,90€

STARTERS / ENTRADAS

VEGETARIAN / VEGETARIANOS

11 - VEGETABLE SAMOSA /CHAMUÇA DE VEGETAIS	1,25€
12 - ONION BHAJI / PASTEIS DE CEBOLA	2,50€
13 - UZHUNNU VADA(Blackgram Doughnut) / DONUT DO FEIJÃO-PRETO- 2 units/unidades	2,90€
14 - DAL VADA / BOLINHOS DE LENTILHAS - 2 units/unidades	2,90€
15 - RASA VADA-- 2 units/unidades	3,50€
16 - SAMBAR VADA-- 2 units/unidades	3,50€
17 - PANEER PAKODA	3,50€

NON VEGETARIAN / NÃO VEGETARIANOS

18 - MEAT SAMOSA / CHAMUÇA DE CARNE	1,50€
19 - MANGALOREAN FRIED CHICKEN	4,50€
20 - CHICKEN 65 / FRANGO 65	4,50€
21 - CHERAYI KOONTHAL / LULAS Á CHERAYI	4,90€
22 - GRILLED PRAWNS / CAMARÕES GRELHADOS	5,90€

DOSA - Costa do Malabar Specials

23 - MASALA DOSA	8,40€
24 - SPINACH DOSA / DOSA DE ESPINAFRES	8,40€
25 - MYSORE MASALA DOSA	8,40€
26 - GHEE ROAST	7,40€
-----SAMBAR (EXTRA)	2,00€

DOSA - Costa do Malabar Specials

27 - CHEESE DOSA / DOSA DE QUEIJO	8,90€
28 - CHICKEN DOSA / DOSA DE FRANGO	8,40€
29 - LAMB DOSA / DOSA DE BORREGO	9,90€
30 - PRAWN DOSA / DOSA DE CAMARÃO	9,90€
-----SAMBAR (EXTRA)	2,00€

UTHAPPAM

31 - ONION UTHAPPAM / UTHAPPAM DE CEBOLA	8,40€
32- TOMATO UTHAPPAM / UTHAPPAM DE TOMATE	8,40€
33 - MLX UTHAPPAM / UTHAPPAM MISTO	8,40€
34- CHICKEN UTHAPPAM / UTHAPPAM DE FRANGO	8,40€
35 - LAMB UTHAPPAM / UTHAPPAM DE BORREGO	9,40€
36 - PRAWN UTHAPPAM / UTHAPPAM DE CAMARÃO	9,40€
-----SAMBAR (EXTRA)	2,00€

PRATOS DO MANDIOCA

37 - KAPPA KACHİYATHU / MANDIOCA TEMPERADA	4,90€
38 - KAPPAYUM MEENUM / MANDIOCA E PEIXE	9,40€
39 - KAPPAYUM CHICKENUM / MANDIOCA E FRANGO	8,40€

BREADS/ PÃES

40 - KERALA POROTTA	2,00€
41 - CHAPATHI	2,00€
42 - ELA ADA (SPICY/NON SPICY) / (COM/SEM CHILI)	3,50€
43 - POORI	2,00€
44 - PUTTU	3,00€

CURRIES / CARIS

FISH / PEIXE

45 - ALEPPY FISH CURRY/CARIL DO PEIXE À ALLEPPEY	9,90€
46 - KOTTAYAM FISH CURRY/CARIL DO PEIXE À KOTTAYAM	9,90€
47 - MALABAR FISH CURRY	9,90€
48 - MEEN NELLAI / PEIXE À NELLAI	9,90€
49 - FISH MOLEE / MOLEE DE PEIXE	9,90€
50 - GOAN FISH CURRY / CARIL DE PEIXE DE GOÊS	9,90€
51 - MEEN POLlichATH / PEIXE GRELHADO	11,90€

PRAWN / CAMARÃO

52 - KUTTANADU PRAWN MASALA / MASALA DE CAMARÃO À KUTTANAD	11,90€
53 - ALEPPY PRAWN CURRY/ CARIL DE CAMARÃO À ALLEPPEY	11,90€
54 - PRAWN ULARTHU (PRAWN STIRY FRY)	11,90€
55 - KOTTAYAM PRAWNS / CARIL DE CAMARÃO À KOTTAYAM	11,90€
56 - CHEMEEN PEERA	11,90€
57 - PRAWN MOLEE / MOLEE DE CAMARÃO	11,90€
58 - MALABAR PRAWN CURRY/ CARIL DE CAMARÃO MALABAR	11,90€
KING PRAWN	
59 - MALABAR KING PRAWN CURRY	13,90€
60 - GRILLED KING PRAWN	19,90€
61 - KING PRAWN MASALA	19,90€

CHICKEN / FRANGO

62 - MALABAR CHICKEN CURRY / CARIL DO FRANGO ESPECIAL DO MALABAR	9,40€
63 - CHICKEN STEW/ ESTUFADO DE FRANGO	9,40€
64 - VARUTHARACHA CHICKEN CURRY	9,40€
65 - CHICKEN MAPPAS / MAPPAS DE FRANGO	9,40€
66 - CHICKEN XACUTI / CHACUTI	9,40€
67 - CHICKEN MADRASI / FRANGO MADRASI	9,40€
68 - CHICKEN TIKKA MASALA	9,40€
69- CHICKEN ROAST	9,40€
70 - MANGO CHICKEN/ FRANGO COM MANGA	9,40€
71 - NILAGIRI CHICKEN KHORMA	9,40€
72 - CHICKEN CAFREAL	9,40€
73 - CHICKEN VINDALOO	9,40€

LAMB/ BORREGO

74 - MALABAR LAMB CURRY / CARIL DE BORREGO	11,90€
75 - LAMB MAPPAS / MAPPAS DE BORREGO	11,90€
76 - LAMB ROAST	11,90€
77 - LAMB VINDALOO	11,90€
78 - NILAGIRI LAMB KHORMA	11,90€
79 - LAMB STEW	11,90€
80 - VARUTHARACHA LAMB CURRY	11,90€
81 - LAMB XACUTI	11,90€