



SOUL & SIP ^{Brunch}

MENU

Breakfast & Brunch

Review me



Everyday 8 AM - 4 PM

Av. Duque de Loulé 22b, 1050-085 Lisboa

iva included

Eggs & Breakfast

Black Benedict 11.50€

Poached eggs, brioche, bacon, hollandaise, roasted potatoes, Pickles, spinach, chives, Spiced Seed Powder.

Ocean Royal 12.00€

Poached eggs, brioche, smoked salmon, Pickles hollandaise, roasted potatoes, fresh avocado, chives, Spiced Seed Powder.

MAC Benedict 11.50€

Poached eggs, brioche, chipotle mayo, mac, Pickles crispy chicken, hollandaise, roasted potatoes, chives, Spiced Seed Powder.

Soul Bliss Stack 12.00€

Brioche, smashed avocado, grilled halloumi, hashbrown, sun-dried tomatoes, poached egg, roasted potatoes, hollandaise, Pickles Spiced Seed Powder.

Tosta Vegan 10.00€

Sour dough scrambled tofu with cherry tomato conflict and spices, combined with creamy avocado.

Vegan Bowl 11.00€

Roasted Chickpeas with zaatar seasoning slice avocado, red cabbage, grilled toffu, cucumber, pickles. and tahini dressing

Scrambled Eggs 8.00€

Eggs, chives, salad, toasted sourdough.

Add bacon: +3.00€ | Add smoked salmon: +3.00€

Omelette 9.90€

Eggs, cheese, onion, tomato, mushroom, spinach, toasted sourdough, salad.

Add bacon: +3.00€ | Add smoked salmon: +3.00€

Breakfast Wrap 10.50€

Homemade tortilla, cheese, scrambled egg, avocado, grilled halloumi, mix salad, homemade BBQ aioli, French fries.

The Bacon Egg Cheese 8.50€

Brioche bun, bacon, smashed avocado, cheese, scrambled egg, homemade aioli.

Avocado Toast 10.00€

Poached egg, avocado smash, pomegranate, pickle, feta cheese, avo hummus, Spiced Seed Powder.

Add smoked salmon: +3.00€ | Add bacon: +3.00€

Avocado Crost 10.50€

Poached egg, avocado smash, cheese, croissant, salada.

14.00 €

Breakfast Platter

Eggs of your choice (2)

(Fried or Scrambled or Poached)

Choice of

Bacon or Grilled Halloumi

Served With:

Sourdough Toast, Croissant, Cheese & Butter, Hash Brown & Avacado

Brunch 21.50 €

Your Favorite Main

Choose any dish from Breakfast & Mains.

+
Signature Mini Bowl

Pick your favorite bowl to kickstart your meal.

+
Juice or Smoothie

Refreshing blends to brighten your day.

+
Coffee or Tea

Happiness in a cup choose your favorite brew.

Healthy Afternoon (Mains)

Burrito 11.00€

Homemade tortilla with grilled chicken, beans, avocado, rice, cheese, Chipotle mayonnaise, French fries on side.

Shakshuka 11.00€

Tomato sauce blended with homemade tspices, bell peppers, fried eggs, fresh avocado, feta served alongside warm toasted sourdough, Spiced Seed Powder.

Shrimp Taco (3 tacos) 11.00€

Corn tortilla, shrimp, cabbage. Accompanied by chipotle mayonnaise on top & lime on the side.

Smash Burger 11.50€

Brioche Bun, cheddar, House Sauce, pickles minced meat, caramelized onions, french fries.

Pesto Mayo

Chicken Sando 11.00€

Marinated grilled chicken layered with pesto mayo, sun dried tomato, salad served with Fries.

Penne Pesto 11.00€

Penne pasta tossed with fresh basil pesto, sun-dried tomatoes, and lightly shaved Parmigiano.
Add Chicken: +3.00€ | Add bacon: +3.00€

Pancakes

French Toast 8.50€

(Brioche, ice cream, cone, seasonal fruits)

Chocolate Pancake 7.50€

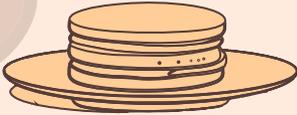
(chocolate and seasonal fruits)

Caramel Pancake 7.50€

(Caramel and seasonal fruits)

Soul Stack 9.50€

(Pancakes with bacon, sunny side fried egg, maple syrup, smashed avocado)



Pastries

Banana Cake 3.80€

Brownie 4.00€

Croissant 2.30€

Croissant with Chocolate 3.90€

Croissant Mista 3.90€

Croissant with Cheese & Ham

Toastie 4.00€

Sourdough tost with cheese and ham

Best Seller

Carrot Cake 4.00€

Cookies 3.50€

Cake of the day 4.50€

Bowls

Purple Paradise 9.30€

(Mini: 4.90€)

Açaí, peanut butter, homemade granola, mixed berries, shredded coconut

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Coconut Cloud 7.70€

(Mini: 4.00€)

Yoghurt, banana, mixed, homemad granola berries, honey

Con-Fusion Bowls 8.50€

(Mini: 4.50€)

Açaí, yoghurt, banana, homemade granola, kiwi, mixed berries, honey, pumpkin seed

Rainbow Rush Fruit 7.90€

(Mini: 4.10€)

Seasonal Fruits and mix berries

Moonlight Oats 6.00€

Oats coconut milk, yogurt, agave, chia seed black raisins, banana ,strawberry, jam, peanut butter

Extra

Potatoes	3.00€	Bacon	3.00€
French Fries	3.00 €	Bread	0.90€
Fried Eggs/ poached eggs	2.40€	jam	0.50€
sliced avocado	2.50€	Peanut butter	0.80€
smoked salmon	3.00€	gluten free bread	1.30€
Butter	0.50€	Halloumi	3.00€
Chicken	3.00€		

This sides can be added to any item on the menu



Coffee

E sspresso	1.50€
Double Espresso	2.50€
Americano	3.10€
Latte	3.30€
Cappuccino	3.40€
Flat White	4.00€
Espresso Macchiato	2.10€
Hot Chocolate	4.00€
Mocha	4.50€
Iced Americano	3.20€
Iced Latte	3.80€
Cold Brew	4.00€
Filter Coffee	3.50€

Menu drink

Tea

Matcha latte	4.00€
Iced matcha latte	4.20€
Chai Latte	3.90€
Ice Chai latte	4.00€
Dirty Chai latte	4.10€
English Breakfast Tea	4.00€
Mint Tea	4.00€
Green Tea	4.00€
Jasmine Tea	4.00€
Hibiscus Tea	4.00€

Add ons

OAT MILK + 0.50€
Normal Milk. + 0.30€

Coffee shot. + 0.90€
Sugar syrup + 0.30€
Decafe

Vanilla syrup. +0.50€
Caramel syrup +0.50€

Maple syrup +0.50€
Almond milk +0.50€

Juices & Smoothies

O range Juice Natural	3.70€
A pple Juice Natural	4.20€
M ango Tango	4.50€
Milk, Yogurt, Cinnamon Powder	

F resh Detox	4.60€
Beetroot Juice, Carrot Juice, Apple Juice, Ginger.	

B erry Bomb	4.50€
Mix Berries, Banana, Milk	

Soft drinks

Water	2.00€
Water with gas	2.20€
Coco cola / Zero	2.20€

Cocktails

Mimosa	6.00€
Aperol Spritz	6.00€
Bloody Mar	6.00€
Margarita	6.50€
Espresso Martini	6.00€

A vocado Thunder	4.60€
Avocado, baby spinach, apple juice, kiwi.	

S unset Squeeze	4.70€
Orange juice, apple juice, kiwi, mint, mango, lemon juice	

S trawberry Lemonade	3.20€
Strawberry, lemon, Sugar Syrup	

M int Coco Lemonade	3.20€
Mint Coconut Syrup Lemon	

L emonade	3.00€
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W ines (Glass)	3.50€
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Beers/Cidar

Sagres small	2.20 €
Sagres big -	4.00 €
Somersby -	2.50 €