

*En caso de alergias, consultar al personal
*In case of allergies please consult a member of staff

TOSTADAS *TOASTS*

MENÚ

CAFÉ + TOSTADA TRADICIONAL
Aceite, tomate o mantequilla y mermelada

COFFEE + TRADITIONAL TOAST
Olive oil, tomato or butter with jam

Suplemento Supplement
Cereales Sin Gluten Seeded Gluten free

AÑADE ZUMO DE NARANJA
ADD FRESH ORANGE JUICE

LUN - VIE: 08:30h - 12:30h MON - FRI
FESTIVOS EXCLUIDOS / EXCLUDING BANK HOLIDAYS

TOSTADAS TOASTS
08:30h - 12:30 h

PAN A ELEGIR CHOOSE YOUR BREAD

Tradicional Traditional
Cereales Seeded bread
Sin gluten Entera Gluten free whole baguette
Croissant 100% Mantequilla Croissant 100% butter

COMPLEMENTOS A ELEGIR CHOOSE YOUR TOPPINGS

Tomate Tomato
Mantequilla Butter
Mermelada Jam
Miel Honey
Aguacate Avocado
Salmón Ahumado Smoked Salmon
Atún Tuna
Queso Manchego Manchego Cheese
Queso Fresco Fresh Cheese
Queso Crema Cream Cheese
Jamón Serrano Serrano Ham
Jamón York York Ham
Pavo Turkey
Crema de cacahuete Peanut butter

DESAYUNO BREAKFAST BRUNCH

DESAYUNOS & BRUNCH SERVIDO HASTA LAS 15:45
BREAKFAST & BRUNCH SERVED UNTIL 15:45h



HUEVOS REVUELTOS *SCRAMBLED EGGS*

3 huevos revueltos cremosos, servido con guarnición y pan de hogaza
3 creamy scrambled eggs, served with a garnish and rustic toast

ELIGE SU RELLENO / CHOOSE YOUR FILLING

Huevos revueltos clásicos con mozzarella
Classic scrambled eggs with mozzarella

Champiñones, espinacas y mozzarella
Mushrooms. spinach and mozzarella

Bacon, mozzarella y cebollino
Bacon, mozzarella and chives

Pavo o Jamón york, mozzarella y cebollino
Turkey or ham, mozzarella and chives

Salmón ahumado, queso crema y eneldo
Smoked salmon, cream cheese and dill

BOWLS

YOGURT
Yogurt Griego natural, granola, frutos secos, frutas frescas de temporada y miel
Greek natural yogurt, granola, dry fruits, seasonal fresh fruits and honey

AÇAI
Açai, leche de almendra, plátano, granola y frutas frescas de temporada
Açai, almond milk, banana, granola and seasonal fresh fruits

PITAYA
Pitaya, leche de almendra, plátano, granola y frutas frescas de temporada
Pitaya, almond milk, banana, granola and seasonal fresh fruits

HUEVOS BENEDICTINOS *EGGS BENEDICT*

2 huevos, muffins inglesas con salsa holandesa con mostaza grano, servido con guarnición
2 eggs, English muffins with hollandaise sauce with wholegrain mustard, served with a garnish

ELIGE SU RELLENO / CHOOSE YOUR FILLING

Huevos Benedict clásicos con salsa holandesa
Classic egg benedict with hollandaise sauce

Bacon con queso Cheddar
Bacon with Cheddar cheese

Pavo o Jamón york con queso Cheddar
Turkey or ham with Cheddar cheese

Salmón ahumado y aguacate
Smoked salmon and avocado

Tomate concasse y jamón serrano
Concasse tomato and serrano ham

TORTITAS AMERICANAS *AMERICAN PANCAKES*

3 Tortitas Americanas hechas al momento con leche de almendra y huevo con frutas frescas de temporada
3 Freshly made American pancakes made with almond milk and egg served with fresh seasonal fruit

ELIGE SU RELLENO / CHOOSE YOUR TOPPING

Nutella / Maple Syrup / Toffee
Strawberry Chocolate Orange / Lemon /
Mixed berries

Añadir extra a tus pancakes!... Add extra to your pancakes!...

- Bola de Helado
  Scoop of Ice cream
  -Vanilla
  -Chocolate
  -Fresa Strawberry
  -Pistachio
- Huevo frito o pochado Fried egg or poached
- Bacon
- Nata Montada Whipped cream



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OPCIONES SIN GLUTEN DISPONIBLE / *GLUTEN FREE OPTIONS AVAILABLE*



"SMASH IT UP"

Tostadas Artesanal de Aguacate insignia
Signature Artisan Avocado Toasts



SMASH 'N' GO

Aguacate machacado con un huevo poché, acompañado por semillas de granada en una tostada rústica
Smashed avocado with a poached egg, sprinkled with pomegranate seeds on rustic toast

SMASH 'N' CAPRESE

Aguacate machacado con caprese, queso mozzarella, tomate cherry, albahaca fresca con balsamico
Smashed avocado with caprese, mozzarella cheese, cherry tomatoes, fresh basil, drizzled with balsamic

SMASH 'N' SALMON

Aguacate machacado con salmon ahumado, queso crema, tomate, pepino, cebolla roja, alcaparras y cebollino
Smashed avocado with smoked salmon, cream cheese, tomato, cucumber, red onion, capers and chives



SMASH 'N' CRAB

Tres bolas de aguacate machacado con suculentas hojuelas de cangrejo blanco por encima de una rodaja de tomate y queso crema en una tostada rústica

Three smashed avocado balls topped with succulent white crab flakes over a tomato slice and cream cheese on rustic toast



SMASH 'N' BEAT

Aguacate machacado con hummus de remolacha casero acompañado de tomates cherry y queso feta

Smashed avocado with homemade beetroot hummus topped with cherry tomatoes and feta cheese



SMASH 'N' OLÉ

Aguacate machacado con un huevo frito y chorizo acompañado por hojuelas de chili rojo

Smashed avocado with a fried egg, Spanish chorizo and topped with chili flakes



SMASH 'N' HIGH PRO

Aguacate machacado con queso cottage (requesón) y huevo duro

Smashed avocado with cottage cheese and sliced boiled egg, topped with chili flakes

Desayuno Inglés / English Breakfast

2 huevos fritos o *revueltos, bacon, tomate, champiñones, alubias, hash brown y tostada con mantequilla y mermelada

2 fried or *scrambled eggs, bacon, tomato, mushrooms, baked beans, hash brown and toast with butter and jam

Añade salchicha Add a English sausage

***1,00 suplemento** 1,00 supplement



American "BIG" Breakfast

2 Tortitas Americanas hechas al momento con leche de almendra acompañado de mantequilla y Maple syrup con 2 huevos fritos o *revueltos, bacon, champiñones y hash browns.

2 Freshly made American pancakes made with almond milk topped with butter and Maple syrup with 2 eggs fried or *scrambled, bacon, mushrooms and hash browns.

***suplemento** supplement

Añade una salchicha por

Add a English sausage for



ENSALADAS SALADS

POLLO CHICKEN

Pollo con mezclum, aguacate, tomates cherry, fresas, queso Griego feta y nueces

Chicken with mixed salad leaves, avocado cherry tomatoes, strawberries, Greek feta cheese and walnuts

SALMÓN AHUMADO SMOKED SALMON

Salmón con mezclum, tomates cherry, aguacate, pepino y alcaparras

Salmon with mixed salad leaves, cherry tomatoes, avocado, cucumber and capers

CÉSAR

Pollo, mezclum, queso parmesano, bacon, picatoses y salsa caesar

Chicken, mixed salad leaves, parmesan cheese, bacon, croutons and caesar dressing

ENSALADA CAPRESE

Tomate, mozzarella de búfala y albahaca

Tomato, buffalo mozzarella and basil



SANDWICHES

SANDWICH (S), WRAP (W), BAGEL (B), BAGUETTE (BTE)



Pollo/ Chicken Sandwich

EL BIKINI

Jamón york y queso
Ham and cheese

MORTADELA ITALIANA ITALIAN MORTADELIA

Jamón mortadela de Italia, burrata italiana, rúcula, tomate y pesto de pistachio casero
Italian mortadella ham, Italian burrata, rocket leaves, tomato and homemade pistachio pesto

EL MARTISANO

Huevos revueltos con champiñones y queso, lechuga, tomate y mayonesa trufada
Scrambled eggs with mushrooms, cheese, lettuce, tomato and truffle mayonnaise

ATÚN TUNA

Atún, tomate y mayonesa
Tuna, tomato and mayonnaise

POLLO CHICKEN

Pollo con queso Cheddar, bacon, lechuga y mayonesa chipotle Mejicana
Chicken with Cheddar cheese, bacon, lettuce and Mexican chipotle mayonnaise

EL AHUMADO ESPECIAL THE SMOKED SPECIAL

Salmón ahumado Noruego con rúcula, queso crema cítrico con cebollino, cebolla roja, pepino y aguacate
Norwegian smoked salmon with rocket leaves, citrus cream cheese with chives, red onion, cucumber and avocado

THE BRUNCH BURGER

180g Angus negro vacuno (100%), con queso Cheddar, cebolla caramelizada, pepinillos, tomate, lechuga y nuestra salsa de signatura, mostaza mayo
180g Black Angus beef (100%) burger, layered with Cheddar cheese, caramelised onions, gherkins, tomato, lettuce and our signature mustard mayo sauce

Servido con patatas o ensalada / Accompanied with chips or salad
Selección de salsas disponibles / Selection of sauces available

Opción vegetariana disponible / Vegetarian option available

Añadir... Add...
Huevo frito / Fried egg
Bacon



BERENJENAS AL HORNO

Rellenas de carne, zanahoria, cebolla y pimientos, rematado con mozzarella y champiñones

AUBERGINE OVEN BAKED
Stuffed with pork, carrot, onion and peppers topped with mozzarella and mushrooms

PIMIENTOS RELLENOS

de espinaca, queso ricotta, ajo, cebolla, rematado con queso mozzarella fundido

STUFFED PEPPERS
with spinach, ricotta cheese, garlic, onion, topped with melted mozzarella cheese



PAN RÚSTICO + ALIOLI Y TOMATE

Rustic bread, alioli and tomato

PATATAS FRITAS

Chips

BRAVAS CASERAS


Poke de Pollo / Chicken

SOPAS CASERAS
HOMEMADE SOUPS

Sopa casera de la semana acompañada de pan rústico / Homemade soup of the week accompanied by rustic bread



LASAGNA BOLOGNESE
LASAGNA BOLOGNAISE

PAN DE AJO
GARLIC BREAD

Mozzarella +1,00

OMELETTES

3 huevos con queso Cheddar servido con patatas o ensalada
3 eggs with Cheddar cheese served with chips or salad

Clásico Classic
Champiñones Mushrooms
Espinaca y champiñones Spinach and mushrooms
Bacon
Jamón York Ham
Pavo Turkey

POKES

SALMON SALMON
Salmón ahumado, arroz, edamames salteados, aguacate, mango, cebolla roja, rabanitos, lombarda con salsa Ponzu
Smoked salmon, rice sautéed edamame beans, avocado, mango, red onion, radishes and red cabbage with Ponzu sauce

POLLO CHICKEN
Pollo, arroz, cebolla roja, pepino, aguacate, mango, lombarda, zanahoria, tomates cherry con salsa Teriyaki
Chicken, rice, red onion, cucumber, avocado, mango, red cabbage, carrots, cherry tomatoes with Teriyaki sauce

VEGETARIANO VEGETARIAN
Arroz, quinoa, halloumi a la plancha, pepino, tomates cherry, lombarda, zanahoria con salsa chili dulce
Rice, quinoa, fried halloumi, cucumber, cherry tomatoes, red cabbage, carrots with sweet chilli sauce





Welcome to...

MartiSano®

