

El Jablito

LA DULZURA DEL MAR

Brunch

FUERTEVENTURA: 15,50 €

- Croissant and sponge cake with jam and butter
- Ham crepe, cheese and mushroom sauce
- Cup of Greek yogurt with fruit and honey
- Fruit shake

LANZAROTE: 15,50 €

- Croissant with jam and butter
- Brownie
- Nutella and banana crepe
- Greek yogurt with blueberry jam
- Fruit shake

LA GRACIOSA: 18,50 €

- Croissant with jam and butter
- Brownie or sponge cake
- Chicken, bacon, cheese and avocado crepe
- Nutella crepe with vanilla ice cream
- Orange juice

LA PALMA: 18,50 €

- Croissant with jam and butter
- Brownie or sponge cake
- Toast with iberian ham, tomato and oregano
- Sweet crepe to choose
- Greek yogurt with cereals and honey
- Fruit smoothie

TENERIFE: 23,50 €

- Croissant
- Brownies
- Biscuit
- Assortment of breads, jam and butter
- Assortment of cold cuts and cheese
- Greek yogurt with honey
- Orange juice

All brunch include coffee, tea or ColaCao.

Breakfast

	Toast	Small baguette	Large baguette	Sandwich
• Oil and white cheese	2,30€	1,90€	2,50€	---
• Guacamole and white cheese	2,40€	2,10€	3,20€	2,00€
• Ham and cheese	2,30€	1,90€	3,00€	2,30€
• Ham, cheese and egg	2,40€	2,20€	3,20€	2,50€
• Vegetable (white cheese, guacamole and tomato)	2,70€	2,20€	3,20€	2,90€
• Iberian ham and white cheese	2,70€	2,20€	3,50€	2,90€
• Iberian ham, tomato and oregano	2,70€	2,20€	3,50€	2,90€
• Chicken, bacon and cheese	3,10€	2,20€	3,90€	2,90€
• Salmon, cream cheese and guacamole	3,10€	2,20€	3,90€	2,90€
• Chicken, cheese and mushroom sauce	---	---	3,90€	---
• Chicken, cheese and guacamole	---	---	3,90€	---

Ice cream shakes

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|-------------------|-------|
| • Oreo | 4,30€ |
| • Mars | 4,30€ |
| • Kinder | 4,30€ |
| • Kit Kat | 4,30€ |
| • White Filipinos | 4,30€ |
| • Maltesers | 4,30€ |

Fruit smoothies

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|--------------|-------|
| • Banana | 3,50€ |
| • Strawberry | 3,50€ |
| • Mango | 3,50€ |
| • Papaya | 3,50€ |
| • Pineapple | 3,50€ |
| • Orange | 3,50€ |
| • Berries | 3,50€ |

Juices

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|----------------------|-------|
| • ColaCao | 1,80€ |
| • Small orange juice | 2,00€ |
| • Big orange juice | 3,00€ |

Tapas

	1/2 portion	1 portion
1- Croquettes	5,50€	7,90€
2- Russian salad	5,50€	7,90€
3- Iberian ham and cheese table	9,50€	14,50€
4- Cheese tequeños with blueberries jam	5,50€	7,90€
5- Mushrooms with almogrote	5,50€	8,50€
6- Papas bravas or w/ alioli sauce	5,50€	7,90€
7- Chicken fingers	5,50€	8,50€
8- "Broken eggs" (Fried eggs, potatoes and spicy sausage)	---	7,90€
9- Fish "churros" (Canarian fried fish)	5,50€	7,90€

Crepes

1- Ham, cheese and mushroom sauce.	7,50€
2- Salmon, cheese and mushroom sauce.	8,90€
3- Cheese, iberian ham and mushroom sauce.	8,20€
4- Iberian ham, cured cheese, tomato y oregano.	8,30€
5- Salmon, cheese, mozzarella, fried onion, philadelphia cheese and grilled egg.	8,80€
6- Cheese, bacon, onion and mushroom sauce.	8,30€
7- Cheese, blue cheese, goat cheese, cured cheese, parmesan cheese and oregano.	8,50€
8- Chicken, cheese, blue cheese, goat cheese, cured cheese, parmesan cheese and oregano.	8,90€
9- Cheese, chicken, mushroom sauce and parmesan cheese.	8,20€
10- Cheese, chicken, corn, onion and barbecue sauce.	8,30€
11- Cheese, tuna, boiled egg, onion and mushroom sauce.	8,30€
12- Tuna, mushroom sauce, grilled egg, cheese, tomato, lettuce and onion.	7,80€
13- Ham and cheese (tomato and lettuce).	6,50€
14- Central egg: Ham, cheese and grilled egg.	7,10€
15- French omelette, tuna, cheese, tomato, lettuce and onion.	7,30€
16- Chicken, ham, bacon, cheese, egg, tomato, lettuce, onion and barbecue sauce.	8,80€
17- Chicken, cheese, spicy sauce, grilled egg, bacon, tomato, lettuce, onion and nachos.	9,50€
18- Ham , sausage, bacon, cheese, tomato, lettuce, fried onion, mustard and ketchup.	8,90€
19- Tomato, lettuce, onion, goat cheese, egg, guacamole, parmesan cheese and walnuts.	9,20€
20- Do it yourself!	8,50€

Sweet crepes

		With ice cream
1- Nutella, milk caramel and condensed milk.	6,70€	7,70€
2- Nutella, banana and cream.	7,20€	8,20€
3- Milk caramel, cinnamon and cream.	7,20€	8,20€
4- Nutella, Oreo and cream.	8,60€	9,60€
5- Condensed milk, banana and cream.	8,30€	9,30€
6- Nutella, Maltesers and cream.	8,60€	9,60€
7- Nutella, Kit Kat and cream.	8,60€	9,60€
8- Nutella, M&M and cream.	9,20€	10,20€
9- Condensed milk, Tirma chocolate, banana and cream.	9,90€	10,90€
10- Nutella, Kinder, Malteser, white chocolate and cream.	9,90€	10,90€
11- Nutella, Oreo, Kit Kat, Maltesers, white chocolate and cream.	9,90€	10,90€
12- Milk caramel, white chocolate, white Filipinos, Oreo and cream.	9,90€	10,90€
13- Milk caramel, Kinder Bueno, Kinder and cream.	9,90€	10,90€
14- Do it yourself!	10,50€	11,50€

Salads

1- Lettuce, tomato, corn, tuna, avocado, olives, onion and carrot.	7,90€
2- Lettuce, tomato, tuna, onion, nuts and apple.	7,90€
3- Lettuce, tomato, chicken, apple, goat cheese and walnuts.	8,90€
4- Pasta, corn, tuna, avocado, alives, tomato, boiled egg and lettuce.	8,90€
5- Rice, corn, tuna, avocado, alives, tomato, boiled egg and lettuce.	8,90€
6- Chickpeas, onion, tuna, olives, peppers, tomato and lettuce.	8,90€
7- Lentils, onion, tuna, olives, pepper, tomato and lettuce.	8,90€
8- Lettuce, tomato, salmon, apple, cured cheese, nuts and avocado.	9,10€
9- Do it yourself!	9,10€