

Guarniciones / Garnishes

25. Patatas fritas / French fries	3,00 €
26. Patatas gajo / Potato wedges	3,50 €
27. Patatas dulces fritas / Sweet potato fries	4,00 €
28. Pimiento asado / Roasted green pepper	5,50 €
29. Champion asado / Roasted mushroom	5,50 €
30. Tempura de verduras / Vegetable tempura	6,50 €
31. Esparragos asado / Roasted asparagus	6,50 €
32. Palitos de mozzarella / Mozzarella sticks (8 pedazo)	6,50 €
33. Encurtidos mixtos / Mixed pickles	4,50 €

- Guarniciones no estan incluidas en comida -

- Side dishes are not included in the meal -

Ensalada / Salad

34. Ensalada de pollo / Chicken salad	14,50 €
35. Ensalada de atun / Tuna salad	14,50 €
36. Ensalada de salmon / Salmon salad	15,50 €
37. Ensalada de griega / Greek salad	12,50 €
38. Ensalada de aguacate / Avocado salad	14,50 €
39. Ensalada mixta / Mixed salad	7,50 €
40. Ensalada Caprese / Caprese salad	10,50 €
41. Ensalada de hummus / Hummus salad	11,50 €



Carnes / Meats

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| 1. Lomo de cerdo asado / Sliced pork loin | 11,00 € |
| 2. Solomillo de cerdo asado / Roasted pork tenderloin | 13,00 € |
| 3. Codillo de cerdo / Pork shank
asado a baja temperatura / slow cooked | 13,50 € |
| 4. Costillas de cerdo / Pork ribs
en salsa barbacoa / in bbq sauce | 15,00 € |
| 5. Longaniza roja / Roasted red sausage | 9,00 € |
| 6. Pechugas de pavo asado / Roasted turkey breasts | 13,00 € |
| 7. Alitas de pollo asado / Roasted chicken wings | 12,50 € |
| 8. Pollo entero a la parilla / Whole grilled chicken | 14,50 € |
| 9. Nuggets de pollo / Chicken nuggets | 8,50 € |

Hamburguesas / Hamburgers

- | | |
|--|---------|
| 10. Clasica / Classic angus 180gr. | 9,50 € |
| 11. Hamburguesa con queso / Cheese Burger angus 180gr. | 10,50 € |
| 12. Hamburguesa con bacon / Bacon Burger angus 180gr. | 10,50 € |
| 13. Hamburguesa con bacon y queso / Bacon&Cheese
angus 180gr. | 11,50 € |
| 14. Hamburguesa vegana / Vegetarian Burger | 12,00 € |



Pescado / Fish

15. Fish & Chips	13,50 €
Filetes de Merluza / Hake fillets	
16. Salmon Asado / Roasted salmon	16,50 €
17. Filetes de Salmon / Roasted salmon fillets	18,00 €
18. Filetes de Dorada / Roasted Seabream	14,50 €
19. Filetes de Atún / Tuna Steak	15,00 €

Del Mar al Plato / Seafood

20. Mejillon / Mussel	13,50 €
salsa de ayo y perejil con vino blanco / garlic and parsley sauce with white wine	
21. Gambas fritas / Fried pawns	13,50 €
22. Chipirones fritas / Fried squid	12,50 €
23. Calamares asado con ajo / Roasted squid with garlic	13,50 €
24. Pulpo a la plancha / Grilled octopus	16,50 €



Smoothie Bowls

Servimos 11:30-12:30, 18:00-20:00

Snickers

9,50 €

cacao-cacahuete-nuez-platano-leche de almendra-chia-granola-jarabe de chocolate sin azucar
cocoa-peanut-walnut-banana-almond milk-chia-granola-unsweetened chocolate syrup

Green Power

9,50 €

espinaca-mango-platano-kiwi-espirulina verde-leche de soja
spinach-mango-banana-kiwi-green spirulina-soy milk

Acai

9,50 €

acai-arandanos-platano-leche de almendra-chocolate negro-chia
acai-blueberry-banana-almond milk-dark chocolate-chia

Green Mango

9,50 €

mango-platano-leche de coco-spirulina verde-granola sin azucar-copos de coco
mango-banana-coconut milk-green spirulina-unsweetened granola-coconut flakes

Tropical

9,50 €

mango-frutta de la passion-papaya-pina-platano-leche de coco-granola sin azucar
mango-passion fruit-papaya-pineapple-banana-coconut milk-unsweetened granola

Berry Boost

9,50 €

fresa-arandanos-frambuesa-platano-leche de almendra-bayas de goji-chia
strawberry-blueberries-raspberry-banana-almond milk-goji berries-chia



Natural juices / Zumos naturales

Flu fighter Mediano 4,50 € - Grande 5,90 €

carrot-apple-orange-ginger / zanahoria-manzana-naranja-jengibre

Pear booster Mediano 4,50 € - Grande 5,90 €

pear-apple / pera-manzana

Fat burner Mediano 4,50 € - Grande 5,90 €

celery-ginger-grapefruit-apple / apio-jengibre-pomelo-manzana

Pure greens Mediano 4,50 € - Grande 5,90 €

cucumber-celery-spinach-kiwi-ginger-manzana verde / pepino-apio-espinaca-kiwi-jengibre-green apple

Orange juice / Zumo de naranja Mediano 3,50 € - Grande 4,50 €

Smoothies

Berry recovery Mediano 4,90 € - Grande 6,50 €

apple-blueberry-raspberry-banana-strawberry / manzana-arandanos-frambuesa-platano-fresa

Choco shake Mediano 4,90 € - Grande 6,50 €

cocoa-banana-milk-vanilla yogurt / cacao-platano-leche-yogur de vanilla

Tropic thunder Mediano 4,90 € - Grande 6,50 €

pineapple-orange-mango-papaya / pina-naranja-mango-papaya

Paradise Mediano 4,90 € - Grande 6,50 €

mango-papaya-pineapple-banana-coconut milk / mango-papaya-pina-platano-leche de coco

Strawberry power Mediano 4,90 € - Grande 6,50 €

strawberry-spinach-avocado-orange / fresa-espinaca-aguacate-naranja

Proteins / Batidos de proteínas

Protein charger Mediano 5,50 € - Grande 6,90 €

banana-peanut butter-milk-whey protein / platano-crema de cacahuete-leche-proteina whey

Acai charger Mediano 5,50 € - Grande 6,90 €

acai-blueberries-banana-almond milk-peanut butter-green spirulina /
acai-arandanos-platano-leche de almendra-crema de cacahuete-spirulina verde

Green doctor Mediano 5,50 € - Grande 6,90 €

spinach-banana-avocado-almond milk-green spirulina /
espinaca-platano-aguacate-leche de almendra-spirulina verde

Coco mango Mediano 5,50 € - Grande 6,90 €

mango-banana-oat flakes-coconut milk-coconut flakes-whey protein /
mango-platano-copos de avena-leche de coco-copos de coco-proteina whey

Choco vegan protein Mediano 4,00 € - Grande 5,00 €

banana-soy milk / platano-leche de soja

Vanilla vegan protein Mediano 4,00 € - Grande 5,00 €

banana-soy milk / platano-leche de soja