

Informatii despre valoarea nutritionala a produselor din meniu, alergeni si aditivi / Information about the nutritional value of the products on the menu, allergens and additives

VALORI NUTRIZIONALI

*	Produse cu reteta (semifabricate) / Products with recipes (semi-fabricated)
---	---

Pentru produsele marcate cu * valorile nutritionale sunt detaliate in sectiunea SEMIFABRICATE / For the products marked with *, the nutritional values are detailed in the SEMI-FABRICATED section

Toate produsele sunt proaspat preparate in bucataria noastra si, desi avem controale pentru a minimiza contaminarea incrucisata, nu putem garanta ca produsele noastre vor fi fara alergeni sau ca vor fi potrivite pentru persoanele cu alergii / All products are freshly prepared in our kitchen and, although we have controls in place to minimize cross-contamination, we cannot guarantee that our products will be allergen-free or suitable for people with

ALERGENI

Cereale cu gluten / Cereals with gluten
Crustacee / Crustaceans
Oua / Eggs
Peste / Fish
Arahide / Peanuts
Sola / Soy
Lapte / Milk
Fructe cu coaja tare / Nuts
Telina / Celery
Mustar / Mustard
Susan / Sesame
Sulfiti / sulphites
Lupin
Moluste / Molluscs

ADITIVI

Coloranti / Colorant
Conservanti / Conserving
Antioxidanti / Antioxidant
Potenzianti de aroma / Flavor enhancer
Agenti de ingrosare / Thickening agents
Acidifiant / Acid
Stabilizator / Stabilizer
Emulsifiant / Emulsifier
Antiaglomerant

MIC DEJUN / BREAKFAST

	Ingredient	Cantitate bruta la o portie / Gross quantity per portion
Omleta/ Omlette	Oua / Egg	2.000
	Salata mixta / Mixed salad*	0.100
	Sunca / Ham	0.100
	Ciuperci / Mushrooms	0.060
	Paine / Bread*	0.040
	Ulei fl. soarelui / Sunflower oil	0.030
	Piper / Pepper	0.001
	Sare / Salt	0.001

UM	Calorii / Calories (kcal)	Grasimi / Fat (g)	Acizi (pH)	Glucide / Carbohy drates (g)	Zaharuri / Sugar (g)	Protein e / Protein (g)	Sare / Salt (g)
BUC	188.1	13.20	4.51	0.66	0.66	15.40	0.15
KG	104.8	9.79	1.10	3.86	0.00	1.73	0.50
KG	100.5	4.14	2.28	3.01	0.77	12.80	2.02
KG	21.0	0.30	0.00	1.50	0.00	3.00	0.00
KG	104.2	1.83	0.33	18.77	0.42	2.73	0.20
L	248.4	27.60	3.30	0.00	0.00	0.00	0.00
KG	3.4	0.11	0.01	0.42	0.40	0.06	0.00
KG	0.0	0.00	0.00	0.00	0.00	0.00	1.00
	770.4	56.97	11.53	28.22	2.25	35.72	3.87

					Cereale cu gluten / Cereals with gluten
					Crustacee / Crustaceans
				Da	Oua / Eggs
					Peste / Fish
					Arahide / Peanuts
				Da	Sola / Soy
				Da	Lapte / Milk
					Fructe cu coaja tare / Nuts
				Da	Telina / Celery
				Da	Mustar / Mustard
					Susan / Sesame
					Sulfiti / Sulphites
					Lupin
					Melindor / Melon

[illegible]

	Ingredient	Cantitate bruta la o portie / Gross quantity per portion
Omleta cu cascaval/ Omlette with cheese	Oua / Egg	2.000
	Cascaval / Cheese	0.050
	Salata mixta / Mixed salad*	0.100
	Sare / Salt	0.001
	Piper / Pepper	0.001
	Ulei fl. soarelui / Sunflower oil	0.030
	Paine / Bread*	0.040

UM	Calorii / Calories (kcal)	Grasimi / Fat (g)	Acizi (pH)	Glucide / Carbohy drates (g)	Zaharuri / Sugar (g)	Protein e / Protein (g)	Sare Salt (g)
BUC	188.1	13.20	4.51	0.66	0.66	15.40	0.15
BUC	137.0	10.75	6.00	0.05	0.05	10.00	1.50
KG	104.8	9.79	1.10	3.86	0.00	1.73	0.50
BUC	0.0	0.00	0.00	0.00	0.00	0.00	1.00
BUC	3.4	0.11	0.01	0.42	0.40	0.06	0.00
BUC	248.4	27.60	3.30	0.00	0.00	0.00	0.00
KG	104.2	1.83	0.33	18.77	0.42	2.73	0.20
	785.9	63.28	15.25	23.76	1.53	29.92	3.35

[illegible][illegible]

[illegible]

PASTA

[illegible]

BURGER

[illegible]

--	--

Burger de vita si cartofi aromatizati / Beef burger si flavoured potatoes	Chifle / Buns	1.000	BUC	192.8	2.37	0.26	37.13	5.59	5.09	0.83	Da							Da								Da								
	Cartofi aromatizati / Baked potatoes*	0.250	KG	389.4	11.32	4.37	66.68	0.12	6.75	1.25			Da			Da											Da						Da	
	Burger vita pastila / Beef Burger*	0.170	KG	464.9	32.96	0.02	6.82	6.25	31.21	2.04	Da				Da	Da		Da	Da	Da														
	Sos usturoi / Garlic sauce*	0.070	KG	189.8	19.38	2.32	3.49	0.13	0.68	0.35																								
	Sos Rosa / Rosa sauce*	0.040	KG	140.6	13.12	1.44	5.17	3.65	0.21	0.81			Da					Da												Da				
	Cascaval cedar / Cedar Cheese	0.035	KG	135.1	11.20	7.18	0.00	0.00	8.58	0.60					Da																			
	Bacon / Bacon	0.020	KG	53.2	4.47	2.46	0.05	0.05	3.19	0.37	Da				Da	Da		Da	Da							Da	Da			Da				
	Rosii / Tomato	0.040	KG	7.2	0.08	0.00	1.56	0.00	0.36	0.00																								
	Castraveti murati / Pickled cucumber	0.020	KG	27.7	0.00	0.00	6.67	6.42	0.27	0.01								Da												Da				
	Salata verde / Green salad	0.015	KG	2.6	0.05	0.00	0.50	0.00	0.18	0.00																								
	Ulei fl. soarelui / Sunflower oil	0.010	L	82.8	9.20	1.10	0.00	0.00	0.00	0.00																								
	Ceapa / Onion	0.010	KG	4.2	0.01	0.00	1.01	0.00	0.00	0.09	0.00																							
				1690.3	104.15	19.15	129.08	22.21	56.60	6.26																								

SPECIALITATI / SPECIALITIES

[illegible]

PIZZA

[illegible]

GARNITURI / SIDE DISHES

[illegible]

SOSURI / SAUCES

[illegible]

DESERT

[illegible]

**Informatii despre valoarea
nutritionala a SEMIFABRICATELOR,
alergeni si aditivi / Information about
the nutritional value of SEMI-
FABRICATED products, allergens and
additives**

VALORI NUTRIZIONALI

Toate produsele sunt proaspat preparate in bucataria noastra si, desi avem controale pentru a minimiza contaminarea incrucisata nu putem garanta ca produsele noastre vor fi fara alergeni sau ca vor fi potrivite pentru persoanele cu alergii / All products are freshly prepared in our kitchen and, although we have controls in place to minimize cross-contamination, we cannot guarantee that our products will be allergen-free or suitable for people with allergies.

ALERGENI

Cereale cu gluten / Cereals with gluten
Crustacee / Crustaceans
Oua / Eggs
Peste / Fish
Arahide / Peanuts
Sola / Soy
Lapte / Milk
Fructe cu coaja tare / Nuts
Telina / Celery
Mustar / Mustard
Susan / Sesame
Sulfiti / Sulphites
Lupin
Moluste / Molluscs

ADITIVI

Coloranti / Colorant
Conservanti / Conserving
Antiossidanti / Antioxidant
Potenziatori di aroma / Flavor enhancer
Agenti di ingrossare / Thickening agents
Acidifiant / Acid
Stabilizzatori / Stabilizer
Emulsificanti / Emulsifier
Antiaglomeranti

	INGREDIENT	Cantitate bruta/kg
Aluat Pizza / Pizza dough	Faina / Flour	0.664
	Faina / Flour	0.080
	Ulei masline / Olive oil	0.020
	Zahar / Sugar	0.012
	Sare / Salt	0.008
	Drojdie / Yeast	0.008

UM	Calorii (kcal)	Grasimi (g)	Acizi (pH)	Glucide (g)	Zaharuri (g)	Proteine (g)	Sare (g)
KG	6.6	2237.68	3.32	471.44	1.33	65.07	0.00
KG	0.9	271.20	0.32	56.96	1.04	7.52	0.00
L	18.3	164.80	2.74	0.00	0.00	0.00	0.00
KG	0.0	48.00	0.00	12.00	12.00	0.00	0.00
KG	0.0	0.00	0.00	0.00	0.00	0.00	8.00
KG	0.5	31.20	0.00	3.20	0.00	3.36	0.00
	26.3	2752.88	6.38	543.60	14.37	75.95	8.00

Cereale cu gluten /

						Cereals with gluten
						Crustacee / Crustaceans
						Oua / Eggs
						Peste / Fish
						Arahide / Peanuts
						Sola / Soy
						Lapte / Milk
						Fructe cu coaja tare / Nuts
						Telina / Celery
						Mustar / Mustard
						Susan / Sesame
						Sulfiti / Sulphites
						Lupin
						Moluste / Molluscs

1000000

[illegible]

Baza ciorba burta si radauteana / Base for Tripe Soup and Radauteana Soup	Oua / Egg	1.000
	Smantana / Sour cream	0.125
	Smantana / Sour cream	0.125
	Oase vita / Beef bone	0.050
	Usturoi / Garlic	0.010
	Morcovi / Carrot	0.030
	Faina / Flour	0.025
	Ulei fl. soarelui / Sunflower oil	0.025
	Telina / Celery	0.020
	Ceapa / Onion	0.010
	Condiment vita / Beef seasoning	0.005
	Ardei iute / Chilli	0.004
	Sare / Salt	0.005
Piper / Pepper	0.001	

BUC	6.6	94.05	2.26	0.33	0.33	7.70	0.08
KG	25.0	253.75	16.25	3.63	3.63	3.50	0.13
KG	40.0	382.50	26.25	3.13	3.13	2.50	0.31
KG	2.3	66.50	0.00	0.00	0.00	11.30	0.00
KG	0.1	14.90	0.01	3.30	0.10	0.64	0.00
KG	0.1	12.30	0.00	2.88	0.00	0.27	0.00
KG	0.3	84.75	0.10	17.80	0.33	2.35	0.00
L	23.0	207.00	2.75	0.00	0.00	0.00	0.00
KG	0.1	4.20	0.00	0.60	0.00	0.20	0.00
KG	0.0	4.20	0.00	1.01	0.00	0.09	0.00
KG	0.3	12.35	0.03	1.90	0.45	0.38	1.97
KG	0.1	1.84	0.02	0.22	0.05	0.11	0.56
KG	0.0	0.00	0.00	0.00	0.00	0.00	5.00
KG	0.1	3.42	0.01	0.42	0.40	0.06	0.00
	97.9	1141.76	47.68	35.22	8.42	29.10	8.05

		Da										
					Da							
					Da							
Da												
							Da					
Da					Da	Da		Da	Da	Da		
Da		Da			Da	Da		Da	Da	Da		

[illegible]

Baza ciorba	Pastai / Green Beans	0.075
	Mazare / Peas	0.075
	Morcovi / Carrot	0.075
	Ardei / Pepper	0.075
	Cartofi / Potatoes	0.075
	Telina / Celery	0.050

KG	0.1	24.75	0.08	2.70	0.75	1.50	0.02
KG	0.2	51.75	0.08	6.75	2.33	3.90	0.06
KG	0.2	30.75	0.00	7.20	0.00	0.68	0.00
KG	0.2	19.50	0.00	4.50	0.00	0.75	0.00
KG	0.2	66.00	0.00	15.00	0.00	1.50	0.00
KG	0.3	10.50	0.00	1.50	0.00	0.50	0.00

[illegible]

--

[illegible]

[illegible]

[illegible]

[illegible]