

## Para Começar

- Pão e manteiga - 1.50
- Azeitonas mistas marinadas - 2.50
- Pão de alho - 2.50
- Pão de alho com queijo - 3.50
- Pão de alho com queijo e bacon - 3.80
- Bruscheta (pão de alho com tomate marinado) - 3.50

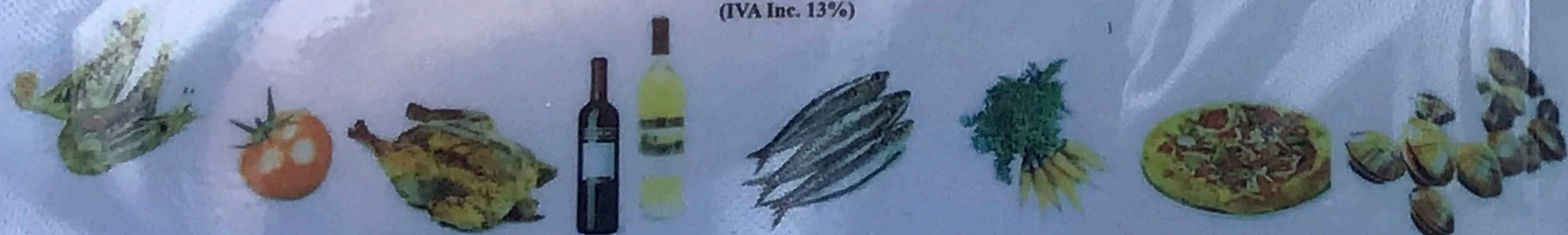
## Sopas & Entradas

- Sopa de legumes frescos do dia - 3.90
- Sopa de creme de tomate com croûtons - 3.90
- Asinhas de frango fritas picantes - 5.50
- Entrecosto B.B.Q. - 6.50
- Cogumelos frescos salteados com alho - 6.90
- Lulinhas à Algarvia salteadas em azeite e alho - 7.50
- Mexilhões em meia casca gratinados no forno - 7.50
- Queijo de cabra gratinado com molho de mel e laranja, - 7.50  
vinagre balsâmico glaze, servido sobre uma cama de rúcula
- Camarão frito aromatizado com alho - 10.90

## A Saladeira

- Salada Mediterrânica - 9.90  
Alfices mistas, queijo feta, tomate, cebola, azeitonas e pepino temperada com molho mediterrânico
- Salada Caesar de Frango - 11.90  
Alfices mistas, tiras de frango assado, croûtons e molho Caesar coberto com lascas de queijo grana padano dop
- Salada de Bife - 13.90  
Alfices mistas e rúcula, tiras suculentas de bife do lombo, bacon crocante, tomate cereja e cebola temperado com vinagrete balsâmico

(IVA Inc. 13%)

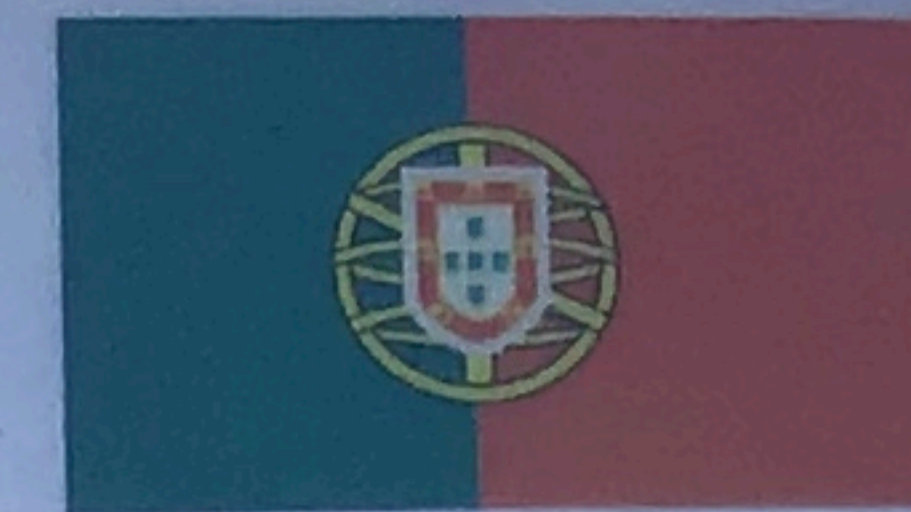


## Pasta

- Lasanha - 9.90  
Bolonesa, molho bechamel e queijo parmesão
- Esparguete à Napolitana - 8.00  
Esparguete com molho de tomate
- Esparguete à Bolonesa - 9.90  
Esparguete com molho bolonesa
- Esparguete Frutti di Mare - 14.90  
Camarão, mexilhão, molho de tomate, vinho e alho
- Penne All' Arrabbiata - 9.90  
Molho de tomate picante, alho, salsa e malaguetas
- Tagliatelle Carbonara - 11.50  
Bacon, gema de ovo, pimenta preta e molho de natas
- Penne com Frango e Broccoli - 11.90  
Frango, bróculos frescos e molho de queijo
- Tagliatelle Al Pollo - 11.90  
Frango assado, molho de tomate, cogumelos e natas

## Do Forno da Pizza

- Margherita - 8.00  
Tomate e queijo
- Vegetariana - 9.00  
Tomate, queijo, bróculos, cogumelos, pimentos mistos e cebola
- Bolonesa - 9.90  
Molho bolonesa e queijo
- Capriciosa - 10.90  
Tomate, fiambre, cogumelos e queijo
- Hawaiana - 10.90  
Tomate, fiambre, ananás fresco e queijo
- Frango - 10.90  
Tomate, frango, queijo e rúcula
- Quatro Fromaggi - 11.90  
Mozzarella, queijo de cabra, gorgonzola e parmesão
- Pepperoni - 11.90  
Tomate, pepperoni e queijo
- Siciliana - 12.50  
Tomate, pepperoni, fiambre, bacon, pimentos e queijo
- Calabresa - 12.90  
Tomate, pepperoni, bacon, cebola, malagueta fresca e queijo
- Tex-Mex - 12.90  
Tomate, carne moída, pimentos vermelhos, milho, nachos e queijo
- CALZONE (pizza fechada)
  - Classica - 12.90  
Tomate, fiambre, cogumelos e queijo coberta com molho bolonesa
  - Texas - 13.90  
Tomate, bife do lombo, bacon, pepperoni e queijo coberta com molho bolonesa



## Os Tradicionais Carne

- Bife de Frango em Molho de Pimenta - 9.50  
Com batata frita
- Bife de Frango - 10.90  
Grelhado, molho de tomate e bacon. Com batata frita
- Caril de Frango - 11.50  
Com gengibre e leite de côco, servido com arroz basmati e coentros
- Peito de Frango aux Champignons - 12.90  
Molho de natas e cogumelos, batata frita e arroz de manteiga
- Entrecosto B.B.Q. - 13.90  
Marinado em molho B.B.Q e mel. Com batata frita
- Frango Piri Piri - 9.90  
Com piri-iri. Batata frita, salada de tomate e cebola
- Espetada de Peito de Frango - 12.50  
Com piri-iri. Chalotas, ananás, pimentos e batata frita
- Espetada Mista - 13.90  
Carne de novilho e frango, pimentos, curgete, cebolas, chouriço e batata frita
- Costeletas de Borrego - 15.90  
Grelhadas com manteiga de alho, batata gratinada e legumes frescos

## Peixe & Marisco

- Sardinhas Assadas - 9.90  
Com batata salteada e salada mista
- Bife de Salmão - 12.90  
Grelhado com molho de manteiga e limão. Com batata salteada
- Posta de Corvina - 14.50  
Grelhada com molho de manteiga e limão. Com batata salteada e legumes frescos
- Caril de Camarão - 14.90  
Maçã, gengibre e côco. Com arroz basmati e coentros
- Arrozinho de Bacalhau - 16.50  
Malandrinho... Arroz com feijão, alhos, bacalhau e coentros
- Arroz de Tamboril - 17.50  
Tamboril, mexilhões, camarões, e arroz
- Massinha de Peixe - 17.50  
Peixe, mexilhões, camarões e coentros.



## Os Nossos Bifes

- Hamburguer Black Angus - 12.90  
200 gr. Em pão de sésamo, alface iceberg, tomate, bacon, cebola, queijo, molho B.B.Q e batata frita
- Bife à Cortador - 15.90  
Do acém, grelhado. Com batata assada, salada e molho B.B.Q.
- Bife à Cortador ao Alho - 16.90  
Do acém, frito, com molho de alho. Com batata frita e cogumelos salteados
- Bife à Cortador à Mostarda - 16.90  
Do acém, grelhado, com molho de mostarda. Com batata frita de bife e legumes frescos
- Bife Grelhado - 19.90  
Lombo de novilho. Batata assada e manteiga de alho e salada mista
- Bife Martinique - 19.90  
Lombo de novilho, molho de natas e brandy. Com legumes frescos e batata gratinada
- Bife Pimenta - 19.90  
Lombo de novilho com molho pimenta verde. Com legumes e a nossa batata frita de bifes
- Bife à Chefe - 19.90  
Lombo de novilho num molho delicioso com um toque suave de caril, acompanhado de batata frita
- Bife T-Bone (500gr) - 22.50  
Com batata assada com manteiga de alho e legumes frescos



## Cataplanas

- Cataplana de Legumes - 11.90  
Cataplana tradicional com legumes
- Cataplana de Frango - 13.90  
Peito de frango e cogumelos. Com arroz
- Cataplana de Tamboril - 17.90  
Cubos de tamboril, camarão, mexilhão. Com batatas



## To Taste

- Bread and butter - 1.50
- Mixed marinated olives - 1.90
- Garlic Bread - 2.50
- Garlic Bread with Cheese - 3.50
- Garlic Bread with Cheese and bacon - 3.80
- Bruschetta (Garlic bread with marinated tomato) - 3.50

## Soups & Starters

- Fresh vegetable soup - 3.90
- Tomato Cream Soup with croûtons - 3.90
- Spicy Fried Chicken wings - 5.50
- Half rack of B.B.Q. Glazed Spare Ribs - 6.50
- Fresh mushrooms sauteed with garlic - 6.90
- Baby squids Algarve's sauteed in olive oil and garlic - 7.50
- Baked mussels (half shell) au gratin - 7.50
- Goat cheese au Gratin with honey and orange dressing - 7.50  
balsamic glaze, served on a bed of rocket salad
- King Prawns (peeled) sauteed in olive oil and garlic - 10.90

## The Salad Bowl

- Mediterranean Salad - 9.90**  
Mixed green leaves, feta cheese, tomato, olives, onions, cucumber and Mediterranean dressing
- Chicken Caesar Salad - 11.90**  
Crispy green leaves, strips of roasted chicken, croûtons and Caesar dressing with grana padano dop shavings
- Fillet Steak Salad - 13.90**  
Mixed green leaves, succulent sliced fillet steak, crispy bacon, cherry tomato, onions and balsamic vinaigrette

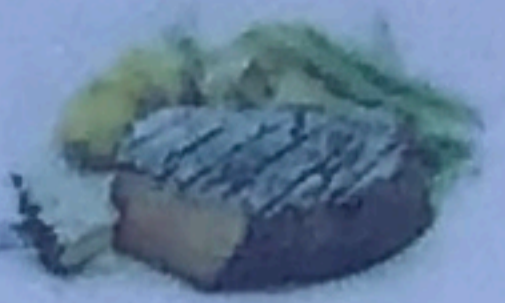
(VAT INCL. 23%)

## Pasta

- Beef Lasagne - 9.90**  
Pasta, fine minced beef ragu, parmesan and bachel sauce
- Spaghetti Alla Napoletana - 8.00**  
Cooked pasta with tomato sauce
- Spaghetti Alla Bolognese - 9.90**  
Cooked pasta with beef and tomato ragu sauce
- Spaghetti Frutti di Mare - 14.90**  
Shrimps, mussels, garlic, chill, white wine and tomato sauce
- Penne All'Arrabbiata - 9.90**  
Spicy tomato sauce, garlic, parsley and hot red chilli pepper
- Tagliatelle Alla Carbonara - 11.50**  
Bacon, egg yolk, black pepper in a light cream sauce
- Penne with Chicken & Broccoli - 11.90**  
Chicken, fresh broccoli and creamy cheese sauce
- Tagliatelle Al Pollo - 11.90**  
Chicken, fresh cream/tomato and mushrooms sauce

## The Pizza Oven

- Margherita - 8.00**  
Tomato sauce and mozzarella
- Vegetarian - 9.50**  
Tomato sauce, broccoli, mushrooms, peppers, onion and mozzarella
- Bolognese - 9.90**  
Bolognese sauce and mozzarella
- Capricciosa - 10.90**  
Tomato sauce, ham, mushrooms and mozzarella
- Hawaiian - 10.90**  
Tomato sauce, ham, fresh pineapple and mozzarella
- Chicken - 10.90**  
Tomato sauce, chicken, mozzarella and rocket leaves
- Quatro Fromaggi - 11.90**  
Mozzarella, goat cheese, gorgonzola and parmesan
- Pepperoni - 11.90**  
Tomato sauce, pepperoni and mozzarella
- Sicilian - 12.50**  
Tomato sauce, pepperoni, ham, smoked bacon, peppers and mozzarella
- Calabresa - 12.90**  
Tomato, pepperoni, bacon, onion, fresh chilli pepper and mozzarella
- Tex-Mex - 12.90**  
Tomato, beef ragu, corn, red peppers, nachos and mozzarella
- Calzone (folded pizza)**
  - Classic - 12.90**  
Tomato, ham, mushrooms and mozzarella, topped with bolognese sauce
  - Texas - 13.90**  
Tomato, strips of fillet steak, bacon, pepperoni, mozzarella, topped with bolognese sauce



## All Time Favourites

### Meat

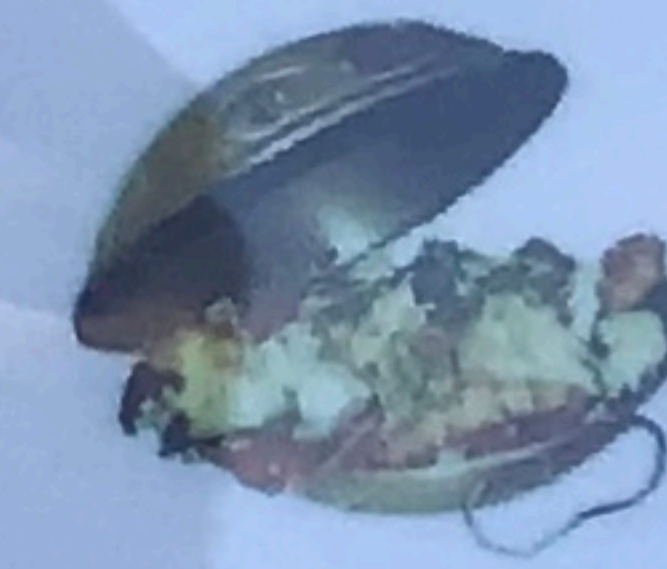
- Chicken Pepper Steak - 9.50**  
Served with french fries
- Grilled Chicken Steak - 10.90**  
Tomato and bacon sauce. With french fries
- Chicken Curry - 11.50**  
Delicious, in a creamy coconut milk and ginger curry, served with basmati rice and coriander leaves
- Chicken Breast aux Champignons - 12.90**  
Cream and mushrooms sauce. With french fries and butter rice
- Spare Ribs B.B.Q. - 13.90**  
Marinated in B.B.Q and honey sauce with french fries
- Chicken Piri Piri - 9.90**  
Half chicken with piri-piri sauce, french fries and tomato/onion salad
- Chicken Breast Kebab - 12.50**  
Shallots, green peppers, pineapple and piri-piri. With fries
- Mixed Kebab - 13.90**  
Beef & chicken, green peppers, onions, zucchini and portugese sausage. With french fries
- Grilled Lamb Cutlets - 15.90**  
Succulent tender cutlets, potato gratin and vegetables

### Fish & Seafood

- Portuguese Sardines - 9.90**  
Grilled. With sauteed potato with parsley and mixed salad
- Salmon Steak - 12.90**  
Grilled with lemon-butter sauce. With sauteed potato
- Meagre Steak - 14.50**  
Grilled with lemon-butter sauce. Served with sauteed potato and vegetables
- Prawns Curry - 14.90**  
Peeled king prawns and apple in a creamy coconut milk and ginger curry, served with basmati rice and coriander leaves
- Cod Fish Rice - 16.50**  
Soupy rice ... A nice combination of rice, beans, garlic, cod pieces and a smooth taste of coriander
- Monkfish Rice - 17.50**  
Traditional Portuguese rice stew of tomato, onion, peppers, monkfish fillet, king prawns, and mussels (half shell)
- Fisherman's Casserole - 17.50**  
Boneless Stone-Bass, pasta, king prawns, mussels (half shell) fresh coriander in a light tomato sauce

## Our Steaks

- Black Angus Steak Burger - 12.90**  
200 gr burger in a bun, shredded iceberg, tomato, bacon, onion, cheese, B.B.Q sauce and fries
- Grilled Rib Eye Steak - 15.90**  
With jacket potato topped with garlic butter, salad and B.B.Q. Sauce
- Garlic Rib Eye Steak - 16.90**  
With roasted garlic sauce, french fries and mushrooms
- Grilled Fillet Steak - 19.90**  
With jacket potato topped with garlic butter and mixed salad
- Martinique Steak - 19.90**  
Fillet steak, brandy creamy sauce, with vegetables and potato gratin
- Pepper Steak - 19.90**  
Fillet steak, green pepper sauce, vegetables and steak fries
- Chef's Steak - 19.90**  
Selected prime fillet, with a very special sauce (foie-gras, apple, spices and a touch of curry). Served with french fries
- Grilled T-Bone Steak (500 gr) - 22.50**  
With jacket potato topped with garlic butter and vegetables



## Cataplana

Cataplana is the name for both the dish and the cooking utensil used for cooking it. It's often cooked with tomatoes, onions, green peppers and wine and seasoned with herbs or spices.

- Vegetarian Cataplana (1 Pax) - 11.90**  
Traditional cataplana with vegetables
- Chicken Cataplana (1 Pax) - 13.90**  
With chicken breast and mushrooms, served with rice
- Monkfish Cataplana (1 Pax) - 17.90**  
Monkfish, prawns, mussels and sliced potatoes

