



I'Embusqué

juice & milk

Fresh Squeezed Orange Juice
Grapefruit Juice
Apple Juice
Strawberry Milk

low fat smoothies

Banana Berry
Strawberry Vanilla Strawberry
Mango
Mango Strawberry
Chocolate Vanilla

espresso

Double Espresso
Cafe Latte
Vanilla Latte
Vanilla Berry Latte
Cinnamon Spice Latte
Caramel Latte

meals

Basic Breakfast Wrap

Brown rice tortilla filled with black bean chipotle spread, sunseed scramble, greens, seasonal produce, sprouts, salsa, sprouts, chipotle aioli

Warm Grain + Sweet Superfood Bowl

Grain of the day, Choice of myr, walnuts, pumpkin seeds, hemp seeds, goi berries, fresh fruit, raw honey, cinnamon

Breakfast Bowl

Grain and legume of the day serve over a bed of greens, topped with sunseed scramble, seasonal produce, cashew cheese, chipotle aioli, salsa + sprouts

Southwest Breakfast Wrap

Basic Breakfast Wrap served over a bed of greens, topped with seasonal produce, avocado, tomato, dulse flakes, chipotle aioli

