





More than breakfast – a piece of home

Take a moment to escape everyday life and
enjoy some quality time in our cozy café,
right in the heart of Wiesbaden.
Here, you'll be welcomed by a warm atmosphere
that invites you to relax, indulge, and enjoy
a cup of coffee or one of our homemade treats.

Allergen & Additive Information:

If you have any questions regarding allergens,
please speak with our service team.

Due to our kitchen environment, the complete
exclusion of certain allergens cannot be guaranteed.

Refreshing Fruit Plate

A fruity and healthy delight -
perfect for breakfast, dessert
or an afternoon snack.

small 8,50
large 14,90

All day Breakfast

Good Morning Bowl 8,50

Yogurt or porridge (+1,00 €) served with fresh fruit,
granola, nuts, chia seeds, coconut flakes and honey

Bless'd Morning 13,90

Eggs of your choice, a selection of cold cuts and
cheese, cream cheese, cherry tomatoes, cucumbers,
fruit, jam, butter and a bread basket

American-Breakfast 13,90

2 fried eggs, bacon, sausages, 2 pancakes, butter,
maple syrup and a bread basket

Armenian-Style 10,90

Tomato-egg skillet served with olives, feta and
a bread basket

American-Sandwich 10,90

Brioche filled with scrambled eggs, bacon and
sriracha mayo

Veggie Omelet 9,90

Egg omelet with sautéed vegetables and a bread basket

Veggie Plate 12,90

Scrambled eggs, feta, sautéed vegetables, avocado,
cherry tomatoes, salad and a bread basket

Breakfast to share (for 2) 26,90

Eggs of your choice, selection of cold cuts and cheese,
olives, avocado, jam, butter, yogurt with granola, fruit,
brioche and a bread basket

Extras

Boiled/fried	+ 2,00
/scrambled egg	
Avocado	+ 3,00
Bacon	+ 3,00
Salmon	+ 4,50
Feta	+ 2,50
Burrata	+ 4,00
Bread basket	+ 1,50

Bread Slices

*All slices are garnished with pumpkin seeds, pomegranate seeds and balsamic glaze.

Avocado Lover* 9,90

Sourdough bread topped with cream cheese, avocado and cherry tomatoes

A la Burrata* 10,90

Sourdough bread topped with tomato pesto, burrata and cherry tomatoes

Chili Cheese Egg's 12,90

Sourdough bread with cream cheese, 2 fried eggs, chili oil, grated Grana Padano, tomatoes and mayo

Pastrami Truffle* 11,90

Sourdough bread topped with truffle mayo, pastrami, tomatoes and pickles

Toppings for all slices...

with boiled/fried + 2,00

/scrambled egg

with Avocado + 3,00

with Bacon + 3,00

with Salmon + 4,50

with Feta + 2,50

with Burrata + 4,00





Sweet Bowls

Craving for a sweet bowl?
Check out our
Breakfast Bowl!

Bowls

»Oh Baby Baby« 12,90

Rice, olives, tomatoes, burrata, pesto, salad and
crispy ciabatta slices

»Chicken Heaven« 13,90

Rice, grilled chicken strips, avocado, cherry tomatoes,
corn, onions, parsley, lime and yogurt dressing

»Smoked Salmon« 13,90

Rice, smoked salmon, avocado, edamame, cherry
tomatoes, cashew nuts, lemon and honey-mustard dressing

Salad

Burrata Salad. 11,90

Leaf salad, cherry tomatoes, burrata, berries,
pumpkin seeds, pomegranate seeds, crispy ciabatta
slices and balsamic dressing

Lavash & Co.

Lavash-Wraps

with romaine and leaf lettuce, Mississippi sauce and ...

- Grilled vegetables. **9,50**
- Mozzarella & grilled vegetables. . . **10,50**
- Chicken breast, Mozzarella &
grilled vegetables. **12,90**

Choose your spread:

Curry-date dip / cream cheese

Paninis

- Tomato-Mozzarella with Pesto **8,50**
- Sun-dried tomato-Feta with Hummus . **9,00**
- Cheese & Ham with cream cheese . . **8,00**

Bagels

- Chicken breast with bell pepper, cheese
& curry-date dip **10,90**
- Smoked salmon with cream cheese. . **11,90**
- Pastrami with truffle mayo dip **11,90**

Toppings for all Paninis & Bagels...

- with boiled/fried + 2,00
/scrambled egg
- mit Avocado + 3,00
- mit Bacon + 3,00
- mit Salmon + 4,50
- mit Feta + 2,50
- mit Burrata + 4,00





Pasta

Chicken 13,90

Tender chicken breast strips in a creamy curry sauce with zucchini, bell pepper and arugula

Burrata 13,90

Tomato cream sauce with burrata, cherry tomatoes, zucchini, walnuts and arugula

Veggie. 10,90

Tomato cream sauce with zucchini, mushrooms, bell pepper, pumpkin seeds and arugula

Sweets

Our sweet dishes are served with vanilla ice cream and maple syrup by default

Belgian Waffles 9,90

Pancakes 9,90

French Toast 9,90

Choose your topping 1,00

Nutella / Raffaello / Lotus

Saltys

For sweet & savory lovers!

Belgian Waffle 12,90

with scrambled eggs, bacon and maple syrup

Belgian Waffle 12,90

with fried egg, avocado and cream cheese

+ Salmon + 4,50



Flavor & Topping

Caramel	+ 0,50
Vanilla	+ 0,50
Hazelnut	+ 0,50
Coconut	+ 0,50
Baileys	+ 1,00

Whipped cream	+ 0,50
Oatly oat milk	+ 0,50
/ Alpro coconut milk	

Coffee & Tea

Espresso	2,40
Espresso double shot	3,50
Espresso Macchiato	2,90
Americano	4,00
Café Crema	klein 3,50 / groß 4,00
Capuccino	klein 3,80 / groß 4,80
Flat White	klein 3,80 / groß 4,80
Café Latte	4,30
Latte Macchiato	4,50
Pumpkin Spice Latte	5,50
Spekulatius Latte	5,50

Iced Coffee	4,30
Iced Cappuccino	4,50
Iced Latte Macchiato	4,80
Iced Bumble Coffee	5,00

Orange juice with an espresso shot

Hot Chocolate	4,20
Tea (various flavors)	3,20
Fresh mint tea with honey	4,00
Bless'd Tea	4,90

Pomegranate seeds, orange, lemon, lime, ginger, mint

Cake Break

Enjoy our lovely cake creations. Everyday fresh from our cake counter.

Choose
your milk

Cow's milk / lactose-free milk
Alpro coconut milk +0,50
Oatly oat milk +0,50

Matcha & Chai

Matcha Latte 5,50
Banana Matcha Latte 6,50
Pumpkin Spice Matcha Latte 6,50

Iced Matcha Latte 6,00
Iced Dirty Matcha Latte 6,50
Iced Matcha Strawberry 6,50
Iced Matcha Mango 6,50

Chai Latte

Vanilla-Cinnamon 4,50
Pink Chai - Beetroot 5,00
Golden Chai - Turmeric, cinnamon,
ginger. 5,00
Pumpkin Spice Chai Latte 5,50
Dirty Chai Latte 5,50

Iced Chai Latte 5,00
Iced Dirty Chai Latte 6,00



Cold Drinks

Water 0.25 | **3,10** / 0.5 | **6,00**

Still / Sparkling

Apple Juice 0.20 | **3,40**

Iced Tea - Elephant Bay 0.33 | **3,90**

various flavors

Schweppes Wild Berry 0.25 | **3,40**

fritz-kola[®]

Fritz-Kola 0.20 | **3,50**

Regular / Zero

Fritz-Limo 0.20 | **3,50**

Orange / Apple-Cherry-Elderflower

Fritz-Spritz 0.20 | **3,50**

Organic-Apple Spritzer / Organic-Rhubarb Spritzer

Fresh Juices

Orange Juice 0.2 | **4,00** / 0.35 | **6,00**

Apple-Celery-Lemon-Ginger . . . 0.20 | **5,00**

Beetroot-Orange-

Carrot-Turmeric. 0.20 | **5,00**

Power-Shot Ginger with Turmeric. . . 4 cl **3,50**

Homemade Lemonades

Wildberries 0.45 | **5,90**

Mango-Passionfruit-Elderflower . 0.45 | **5,90**

Lemon-Lime-Ginger 0.45 | **5,90**

Aperitifs

Hugo	7,90
Aperol Spritz	8,90
Limoncello Spritz	8,90
Lillet Wildberry	8,90
Lillet Rhababer	8,90

Alcoholics

Sparkling Wine	0.1 5,00 / 0.75 25,00
Mimosa	0.1 5,90

Wine

Riesling	0.2 6,50 / 0.75 25,90
Kabinett dry - Winzer von Erbach - Rheingau	
Spätburgunder	0.2 6,50 / 0.75 25,90
Rosé - Semi-dry - Winzer von Erbach - Rheingau	



 +49 160 851 41 66
 hello@blesdays.de
 https://blesdays.de
   blesdays.wi