

Lusitanos

PRATOS DO DIA/ DISH OF DAY

SOPA DE GRELOS 1.20€

ENTRADAS

TABUA DE PRESUNTO E QUEIJO 7.50€

SALGADINHOS 0.40€

CAMARÃO DA COSTA (100G) 5.00€

PRATOS ECONÓMICOS

CARAPAUZINHOS C/ ARROZ DE FEIJÃO 4.50€

FEIJADA À TRANSMONTANA 4.50€

COXA DE FRANGO ASSADA NO FORNO 4.50€

PEIXES

DOURADA ESCALADA C/ BATATA AO MURRO E LEGUMES 7.50€

SALMÃO GRELHADO 7.50€

FILETES DE PESCADA GUARNECIDOS 7.50€ 13.00€

FILETES DE POLVO C/ ARROZ DE FEIJÃO 17.50€ 29.00€

BACALHAU À BRAGA 12.50€ 18.00€

CARNES

FRANCESINHA ESPECIAL C/ OVO E BATATA FRITA 8.50€

BIFINHOS C/ COGUMELOS 7.00€ 13.00€

PREGO EM PRATO 7.50€

COSTELETE DE VITELA NA GRILHA 8.90€

BIFE À CORTADOR 11.90€

POSTA À LUSITANOS 8.50€ 16.00€

PICANHA À BRASILEIRA 11.90€ 19.90€

BIFE NA PEDRA (2 PESSOAS) 16.00€

SOBREMESAS

CHEESECAKE FRUTOS SILVESTRES 3.50€

PUDIM FRANCÊS 2.90€

BOLO DE BOLACHA 3.00€

BABA DE CAMELÓ 3.00€

MOUSSE DE CHOCOLATE 3.00€

MOLOTOP 2.90€

NATAS DO CEU 2.90€

MELÃO 2.90€

PEIXE / FISH

SALMÃO GRELHADO COM BATATA À MURRO E LEGUMES 7.50€ 14.50€
GRILLED SALMON W/ BAKED POTATOES AND VEGETABLES

FILETES DOURADOS 7.50€ 13€
GOLDEN FILLET

FILETES DOURADOS À MARINHEIRO 9€ 14.90€
SAILOR STYLE FILLETS

ESPETADA DE LULAS GUARNECIDA 8.90€
SQUID KEBAB

ESPETADA MISTA DE LULAS E CAMARÃO 10.50€
MIXED SQUID KEBAB W/ PRAWNS

POLVO À LAGAREIRO 19.50€ 29€
GRILLED OCTOPUS WITH OLIVE OIL, GARLIC AND MASHED POTATOES

BACALHAU À BRAGA 15€
BRAGA STYLE CODFISH (FRIED CODFISH WITH ONION AND POTATOES)

BACALHAU COM BRQA 16€
CODFISH W/ CORN BREAD

BACALHAU ASSADO NA BRASA COM BATATA COZIDA 17.50€
COAL ROASTED CODFISH W/ BOILED POTATOES

BACALHAU COM NATAS 17.90€
CODFISH WITH CREAM

BACALHAU À ZÉ DO PIPO 18.90€
OVEN BAKED CODFISH WITH PICKLES, MASHED POTATOES AND MAYONNAISE

BACALHAU À LAGAREIRO 17€
GRILLED CODFISH WITH OLIVE OIL AND MASHED POTATOES

ARROZ DE TAMBORIL 21€
MONKFISH RICE



LUNCH MENU

	12.000R	15.000R
BEE IN FRANGO COM CHAMPIGNON BEE IN FRANGO WITH CHAMPIGNON		8R
BISTEC A GIBER STEAK WITH GIBER IN GIBER A STYLE		8R
ALUGIA EM CARNE DE BRELDO ALUGIA IN CARNE AND BRELDO GREAT SAUSAGE IN A ALUGIA A BRELDO		1.50R
BEE A FUMETAS THREE FUMETAS STEAK		10.00R
BEE A GOSTADON BUTTERFLY A STYLE BEEFSTEAK		10.00R
BEE A PORTUGUESA PORTUGUESE STEAK CLASSIC STEAK WITH FISH AND FISH STEAK		10.00R
MEDALHÃO A GIBER DO BRELDO THE GIBER A MEDALLION ON THE BRELDO		10.00R
FILET MIGNON DE BOI ON TENDERLON	12R	22R
ROAST BEEF ROAST BEEF		20.00R
LOMBINHO DE PORCO COM CHAMPIGNON PORK LOIN WITH CHAMPIGNON		12R
LOMBINHO DE PORCO BRELHADO PORK LOIN BRELDO LOIN		10.00R
FILET MIGNON DE PORCO BRASEADO COM BATATA A BOLA BREADED PORK TENDERLON WITH BLENDED POTATO		12.00R
ESPETADA MISTA GUARNECIDA MIXED MEAT		10.00R
ESPETADA DE BOI GUARNECIDA BEEF MEAT		10.00R
PICANHA A BRASEIRA BRAZILIAN STYLE RUMP COVER STEAK	11.00R	10.00R
CORTELETA DE VITELA AL CORDO		8.00R
CORDON BLUE CORDON BLUE	8R	10R
RECHOTOS DE PORCO PRETO BLACK PORK STEAK	7R	10R
PREGO EM PRATO STEAK SANDWICH		7.00R

MARISCO / SEAFOOD

	1/2 DOSE	DOSE
ARROZ DE MARISCO SEAFOOD RICE		20,90€
ARROZ DE GAMBAS PRAWN RICE		22,90€
AÇORDA DE CAMARÃO SHRIMP'S BREAD STEW		18,50€
AMEJOAS À BOLHÃO PATO BULHÃO PATO STYLE CLAMS (WITH OLIVE OIL WITH GARLIC, CORIANDER AND LEMON JUICE)		10€
CAMARÃO AO ALHINHO COM COENTROS FRIED SHRIMP WITH GARLIC AND CORIANDER		14,90€
GAMBAS À BOLHÃO PATO BULHÃO PATO STYLE PRAWN		16,90€

SOBREMESAS / DESSERTS

	DOSE
DOCES / SWEET	3€
MOUSSE DE CHOCOLATE CHOCOLATE MOUSSE	2,50€
TARTE DE AMÊNDOA ALMOND PIE	2,90€
BABA DE CAMELO	2,90€
NATAS DO CÉU	2,50€
BOLO DE BOLACHA BISCUIT CAKE	3€
TORTA DE LARANJA ORANGE TART	2,50€
TORTA DE NOZ NUT TART	2,50€
SEMIFRIO DE BOLACHA SEMI FRIED BISCUIT CAKE	2,50€
PUDIM FRANCÊS FRENCH PUDDING	2,50€
MOLOTOP MOLOTOP PUDDING	3€
BOLO DE CHOCOLATE CHOCOLATE CAKE	2,50€
CHEESECAKE DE FRUTOS VERMELHOS RED FRUIT CHEESECAKE	3,50€