

Baguetes & Sandes

Baguete de Frango

(Frango, Molho Pesto, Alface e Tomate)

Chicken Baguette

(Chicken, Pesto, Lettuce and Tomato)

com Pasta de Frango

(Frango, Maionese, Salsa, Molho de Soja)

with Chicken Mayonnaise

(Chicken, Mayonnaise, Parsley and Soy Sauce)

4,90 €

Baguete de Salmão Fumado

(Salmão Fumado, Queijo Creme e Tomate)

Smoked Salmon Baguette

(Smoked Salmon, Cream Cheese and Tomato)

4,90 €

Baguete de Presunto e Queijo Brie

Dry-Cured Ham and Brie Baguette

4,90 €

Baguete de Atum

(Atum, Alface, Tomate, Ovo Cozido e Maionese)

Tuna Baguette

(Tuna, Lettuce, Tomato, Boiled Egg and Mayonnaise)

com Pasta de Atum

(Atum, Maionese, Milho, Cebola, Salsa, Azeltonas e Pimenta)

with Tuna Mayonnaise

(Tuna, Mayonnaise, Sweet Corn, Onion, Parsley, Olives and Pepper)

4,90 €

Baguete Pasta Delicias do Mar

(Delicias do Mar, Maionese, Picles e Pimenta)

Crab Sticks Mayonnaise

(Crab Sticks, Mayonnaise, Pickles and Pepper)

4,90 €

Sandes de Requeijão em Pão de Cereais

(Alface, Tomate, Requeijão, Mel e Nozes)

Curd Cheese Cereal Bread Sandwich

(Lettuce, Tomato, Honey and Walnuts)

3,50 €

Sandes de Panado de Perú em Bola Rústica

(Alface, Tomate e Panado de Perú)

Breaded Turkey in Rustic Bread

(Breaded Turkey, Lettuce and Tomato)

2,90 €

Sandes de Ovo com Tomate e Alface

Egg Sandwich with Lettuce and Tomato

2,50 €

Sandes de Carne Assada com Alface e Tomate

Roast Beef Sandwich Sandwich with Lettuce and Tomato

2,90 €



Tostas em Pão Rústico & Saladas

Tosta de Tomate e Mozzarella

(Azeite, Tomate, Orégãos e Mozzarella)

Tomato and Mozzarella Toasty

(Olive Oil, Tomato, Oregano and Mozzarella)

4,90 €

Tosta com Queijo de Cabra, Mel e Nozes

Goat's Cheese Toasty with Honey and Walnuts

4,90 €

Tosta de Frango e Abacaxi

(Queijo, Frango, Maionese e Abacaxi)

Chicken and Pineapple Toasty

(Cheese, Chicken, Mayonnaise and Abacaxi)

4,90 €

Tosta de Atum

(Tomate, Orégãos, Azeite, Atum, Ovo Cozido e Alface)

Tuna Toasty

(Tomato, Oregano, Olive Oil, Tuna, Boiled Egg and Lettuce)

4,90 €

Tosta de Presunto e Queijo Brie

Dry-Cured Ham and Brie Cheese Toasty

4,90 €

Salada Tropical com Camarão

(Alface, Manga, Papaya, Abacaxi e Camarão)

Tropical Salad with Shrimps

(Lettuce, Mango, Papaya, Pineapple and Shrimps)

5,90 €

Salada Nórdica com Salmão Fumado

(Alface, Massa Farfalle, Abacaxi, Salmão Fumado, Queijo Parmesão em Lascas)

Nordic Salad with Smoked Salmon

(Lettuce, Pasta Farfalle, Pineapple, Smoked Salmon, Sliced Parmesan Cheese)

5,90 €

Salada Caesar

(Alface, Croutons, Frango, Parmesão em Lascas)

Molho Caesar (Maionese, Pimenta, Alho, Gotas de Limão, Anchovas, Azeite e Mostarda)

Caesar Salad

(Lettuce, Croutons, Chicken, Sliced Parmesan Cheese)

Caesar Dressing (Mayonnaise, Pepper, Garlic, Lemon Drops, Anchovies, Olive Oil and Mustard)

5,50 €

Salada Grega

(Alface, Farfalle, Milho Doce, Queijo Feta, Azeitonas, Cebola Roxa, Pepino, Tomate Cherry e Orégãos)

Greek Salad

(Lettuce, Farfalle, Sweet Corn, Feta Cheese, Olives, Red Onion, Cucumber, Cherry Tomato and Oregano)

5,50 €

Salada de Atum

(Alface, Milho Doce, Azeitonas, Atum e Ovo Cozido)

Tuna Salad

(Lettuce, Sweet Corn, Olives, Tuna and Boiled Egg)

5,50 €

Salada à Saga

(Alface, Requeijão, Linhaça, Nozes, Passas e Mel)

Saga Salad

(Lettuce, Cured Cheese, Linseed, Walnuts, Sultanas and Honey)

5,50 €