

Creā IL TUO Pokē



REGULAR BOWL € 11.00

1 base | 1 proteina | 2 green
1 salsa | 1 crispy



LARGE BOWL € 14.90

1 base | 2 proteine | 3 green
1 salsa | 1 crispy

BASE



RISO BIANCO
(WHITE RICE)



RISONERO
(BLACK RICE)



INSALATA FRESCA
(SALAD)

PROTEINE



SALMONE
(SALMON)



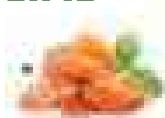
TONNO
(TUNA FISH)



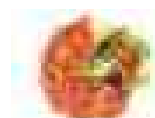
BRANZINO
(SEA BASS)



GAMBERI
(SHRIMP)



HOUSE
SALMONE
(SALMON WITH
SOY SAUCE)



HOUSE
TONNO
(TUNA WITH
SOY SAUCE)



POLLO
FRITTO
(FRIED
CHICKEN)



TOFU
FRITTO
(FRIED TOFU
VEGETARIAN)



SURIMI
(SURIMI)



GAMBERO
TEMPURA



SALMONE
FRITTO



MIURA
(SALMONE COTTO)



TONNO
FRITTO



TONNO
COTTO



BRANZINO
FRITTO

GREEN



AVOCADO



POMODORINI
(CHERRY TOMATOES)



MANGO



CAROTE
(CARROTS)



EDAMAME



CETRIOLI
(CUCUMBERS)



WAKAME



CECI(CHICKPEAS)



CIPOLLA CRUDA
(RAW ONION)



PHILADELPHIA



ZENZERO(GINGER)



FETA
(GREEK FETA CHEESE)

SALSA



SOIA SENZA
GLUTINE



TERIYAKI



PONZU



OLIO
EXTRAVERGINE



SPICY MAYO



MAIONESE



LIMONE



SALSA
AGRODOLCE



SOIA

CRISPY



CIPOLLA CROCCANTE



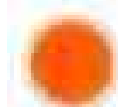
MANDORLE



ALGHE CROCCANTI



KATAIFI
(PASTA FINE FRITTA)



TOBIKO

EXTRA PROTEINA 3,00€ - EXTRA GREEN/ FORMAGGI 1,00€ - EXTRA CRISPY 1,00€ - EXTRA SALSA 0,50€